

# Keeping It Real: How to Get The Support You Need for the Life You Want

Written by Kathy Roberson, M.S.W.,  
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December 2005

THE ELIZABETH M. BOGGS CENTER  
ON DEVELOPMENTAL DISABILITIES

Department of Pediatrics



ROBERT WOOD JOHNSON  
MEDICAL SCHOOL

University of Medicine & Dentistry of New Jersey

*A University Center for Excellence  
In Developmental Disabilities Education, Research, and Service*

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