Abstract

The Familia Adelante (FA) is a culturally responsive, family-focused prevention program for Hispanic youth. Its targets are behavioral health problems, HIV, and substance abuse. The paper will highlight components of this 10-week prevention and intervention program and will discuss program evaluation findings. The study was conducted in Southern California with high-risk, 7th- through 9th-grade youth with behavior problems. A pre-test and post-test quasi-experimental design was applied to the evaluation of Familia Adelante. All parents and youth involved in the evaluation study participated in the full 10 sessions of the model. Participants were assessed before and after completing the full 10-session program. Familia Adelante helps reduce negative outcomes associated with risky behaviors such as unsafe sex practices and substance use. Therefore, analysis looks at just the youth who identified Spanish as their primary language and the parents of this sub-group.