INTRODUCTION
INTRODUCTION

Contents

- Welcome and Introduction to our Patients
- Important Phone Numbers
- Meet Our Providers
- Financial Policy
- Obstetric Care Practice Policies
- OB Test Schedule
- Directions to:
  - Robert Wood Johnson Medical Group/Clinical Academic Building
  - Robert Wood Johnson Medical Group/Monroe Office
  - Robert Wood Johnson University Hospital
DEPARTMENT OF OBSTETRICS, GYNECOLOGY, AND REPRODUCTIVE SCIENCES

Welcome to Our Practice

Congratulations on your pregnancy. We are pleased you have chosen our Obstetric Team to care for you and your baby throughout your pregnancy. Our goal is to provide you and your baby with care that is centered on the needs of you and your family.

The Rutgers Robert Wood Johnson Medical Group Obstetrics Division is a group practice. A member of our staff is in Robert Wood Johnson University hospital 24 hours a day. This coverage is based on a rotating schedule.

The physician on call the day you go into labor will deliver your baby. Due to this rotating coverage, we encourage to meet with all of the physicians in the practice during the course of your prenatal care.

Robert Wood Johnson University Hospital is a teaching hospital. Residents and medical students work directly with our Obstetrical Team and may be involved in your care.

If you have any questions regarding the providers in our practice or the dynamics of our group practice explained above, please contact the Obstetrical Nurse Coordinator at (732)235-6143 or the Maternal Fetal Medicine Nurse Coordinator at 732-235-6698.

Additional information can be found on our website: http://umg.rwiums.rutgers.edu/Public/clinical_services/default.asp?dept=obgyn

Office Locations
Clinical Academic Building (CAB) Monroe Office
125 Paterson St, Suite 4200 18 Centre Drive, Suite 104
New Brunswick, NJ 08901 Monroe, NJ 08831
Main Number: 732-235-6600 Phone: 609-655-5178
Fax: 732-235-6650 Fax: 609-655-5284
DEPARTMENT OF OBSTETRICS, GYNECOLOGY, AND REPRODUCTIVE SCIENCES

IMPORTANT PHONE NUMBERS

General OB-GYN
General OB-GYN Appointments (732) 235-6600
General OB Nurse Coordinator (9:00am – 5:00pm*) (732) 235-6143

If you have a problem, concern, or are in labor weekdays after 5:00pm, Saturday, Sunday, or Legal Holiday, please call 732-235-6600 to reach the answer service who can contact the physician on call.

Ultrasound Appointments (732) 235-6600
Surgical Coordinator (732) 235-6975
Billing Questions - GE (866) 470-6626

Maternal Fetal Medicine
Maternal Fetal Medicine Appointments (732) 235-8006
Maternal Fetal Medicine Nurse Coordinator (8:30am – 4:00pm*) (732) 235-6698

If you have a problem, concern, or are in labor weekdays after 4:00pm, Saturday, Sunday, or Legal Holiday, please call 732-235-8006 to reach the answer service who can contact the physician on call.

Miscellaneous
WIC (Women, Infants, Children) (866) 446-5942
March of Dimes Resource Center (732) 952-9010
- www.marchofdimes.com

Community Education (Prenatal Classes – Hospital Tours) (732) 418-8110

Robert Wood Johnson University Hospital
-Main Number (732) 828-3000
-Labor and Delivery (732) 937-8671
-Pre-Registration Office (732) 937-8863
Robert Wood Johnson Medical Group
OBSTETRICAL TEAM
Clinical Academic Building
125 Paterson Street, New Brunswick, New Jersey 08901
Telephone (732) 235-6600 Fax (732) 235-6650
Emergencies (732) 235-6600

Charletta Ayers, MD, MPH
Associate Professor
Chief, Division of General OB/GYN
Director of Obstetrics at RWJUH
Board Certified: OB/GYN

Juana Hutchinson-Colas, MD
Assistant Professor
Chief, Female Pelvic Medicine & Reconstructive Surgery
Board Certified: OB/GYN

Neshi Bakshi, MD
Clinical Assistant Professor
Board Certified: OB/GYN

Lena Merjanian, MD
Instructor
Board Certified: OB/GYN

Adrian Balica, MD
Assistant Professor
Board Certified: OB/GYN and Internal Medicine

Meir Olcha, MD
Instructor
Board Eligible

Francis Cioffi, MD
Associate Professor
Board Certified: OB/GYN

Susan Peck, APN, C
Nurse Practitioner
Board Certified: OB/GYN

Gary Ebert, MD
Associate Professor
Board Certified: OB/GYN

Nancy Phillips, MD
Clinical Assistant Professor
Board Certified: OB/GYN

Marianne Herrghty, MD
Clinical Assistant Professor
Board Certified: OB/GYN

Archana Pradhan, MD, MPH
Associate Professor
Board Certified: OB/GYN

Mi-Hae Song, MD
Instructor
Board Eligible
OBSTETRIC FACULTY INFORMATION

Charletta A. Ayers, MD
Medical School: Temple University
Residency: Temple University
Special Interests: General OB/GYN, Adolescent gynecology, Menopausal women
Certification: Board Certified

Neshi Bakshi, MD
Medical School: Nagpur University – Nagpur Medical College, Maharashtra State, India
Residency: Muhlenberg Regional Medical Center, Plainfield, NJ Residency in Ob/Gyn
Special Interests: General OB/GYN Surgeries, Medical Education
Certification: Board Certified

Adrian C. Balica, MD
Medical School: University of Medicine and Pharmacy, Romania
Residency: OB/GYN – UMDNJ-Robert Wood Johnson Medical School
Internal Medicine – Mount Sinai School of Medicine
Special Interests: General OB/GYN, perimenopausal women’s health, minimally invasive
Certification: Board Certified – Internal Medicine and OB/GYN

Francis Cioffi, MD
Medical School: University of Medicine and Dentistry of New Jersey
Residency: New York Medical College Metropolitan Hospital Center
Special Interests: High-Risk Obstetrics, Community-Centered Obstetrical Care
Certification: Board Certified

Gary Ebert, MD
Medical School: UMDNJ-Robert Wood Johnson Medical School
Residency: Newark Beth Israel Medical Center
Special Interests: General OB/GYN, menstrual irregularities, contraception, minimally invasive surgery
Certification: Board Certified

Marianne Herrighty, MD
Medical School: UMDNJ-NJ Medical School
Residency: Saint Barnabas Medical Center
Special Interests: General OB/GYN Surgeries
Certification: Board Certified

Juana Hutchinson, MD
Medical School: SUNY – Health Science Center (Downstate Medical School), New York
Residency: SUNY – Health Science Center, New York
Special Interests: Urogynecology and pelvic reconstructive surgery, Medical education
Certification: Board Certified
Lena L. Merjanian, MD
Medical School: UMDNJ-Robert Wood Johnson Medical School
Residency: OB/GYN – UMDNJ-Robert Wood Johnson Medical School
Special Interests: General OB/GYN, contraception, adolescent medicine, medical education
Certification: Board Certified

Meir Olcha, MD
Medical School: UMDNJ-Robert Wood Johnson Medical School
Residency: OB/GYN – UMDNJ-Robert Wood Johnson Medical School
Special Interests: General OB/GYN
Certification: Board Eligible

Susan A. Peck, RNC, MSN, NP
Education: MSN, Seton Hall University, 2000
Special Interests: Wellness promotion and preventive health care, osteoporosis, contraception
Certification: Women’s Health Care Nurse Practitioner

Nancy Phillips, MD
Medical School: UMDNJ-Robert Wood Johnson Medical School
Residency: Washington University Hospital
Special Interests: General OB/GYN, menopausal issues, vulvodynia, irregular menstrual cycles
Certification: Board Certified

Archana Pradhan, MD
Medical School: Duke University School of Medicine
Residency: Nassau University Medical Center
Special Interests: General OB/GYN, medical education, contraception
Certification: Board Certified

Mi-Hae Song, MD
Medical School: SUNY Downstate College of Medicine – Brooklyn, NY
Residency: UMDNJ-Robert Wood Johnson Medical School
Special Interests: General OB/GYN
Certification: Board Eligible
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<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Certification</th>
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<tbody>
<tr>
<td>Todd Rosen, MD</td>
<td>Director, Division of Maternal Fetal Medicine</td>
<td>Board Certified: OBGYN and Maternal Fetal Medicine</td>
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<tr>
<td>Valeria DiStefano, MD</td>
<td>PGY-VII</td>
<td></td>
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<tr>
<td>Christina Duzyj-Buniak, MD</td>
<td>Assistant Professor</td>
<td>Board Certified: OB/GYN</td>
</tr>
<tr>
<td>William MacMillan, MD</td>
<td>Assistant Professor</td>
<td>Board Certified: OBGYN and Maternal Fetal Medicine</td>
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<tr>
<td>Joaquin Santolaya, MD, PhD</td>
<td>Professor</td>
<td>Board Certified: OBGYN and Medical Genetics</td>
</tr>
<tr>
<td>Marlene Schwebel, JD, APN, RNC</td>
<td>Instructor, Director</td>
<td>Board Certified: NCC, New Jersey Board of Bar Examiners</td>
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<tr>
<td>Elena Ashkinadze, CGC</td>
<td>Instructor</td>
<td>Board Certified: Genetic Counseling</td>
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**Maternal Fetal Medicine Fellows**

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<tr>
<th>Name</th>
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<tr>
<td>Lissa Francois, MD</td>
<td>PGY VI</td>
</tr>
<tr>
<td>Kristy Palomares, MD</td>
<td>PGY V</td>
</tr>
<tr>
<td>Guadalupe Herrera-Garcia, DO</td>
<td>PGY-V</td>
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Division of Maternal Fetal Medicine

Maternal Fetal Medicine Attending Physicians

Valeria M. Di Stefano, MD
Medical School: UMDNJ – Robert Wood Johnson Medical School
OB/GYN Residency: UMDNJ – Robert Wood Johnson Medical School
MFM Fellowship: Rutgers Robert Wood Johnson Medical School
Special Interests: Preterm labor, prenatal diagnosis
Certification: Board Certified: Obstetrics & Gynecology,
Board Eligible: Maternal-Fetal Medicine

Christina M. Duzvi-Buniak, MD, MPH
Medical School: Columbia University School of Medicine
OB/GYN Residency: Yale New Haven Hospital
MFM Fellowship: Yale School of Medicine
Masters in Public Health: Yale School of Medicine
Special Interests: Placental abnormalities, surgical complications of pregnancy, multiple gestations
Certification: Board Certified: Obstetrics & Gynecology
Board Eligible: Maternal-Fetal Medicine

William E. MacMillan, MD
Medical School: University of Wisconsin – Madison
OB/GYN Residency: University of Wisconsin Hospital & Clinics
MFM Fellowship: State University of New York – Stony Brook
Special Interests: Maternal medical disorders in pregnancy, fetal growth restriction, fetal anomalies
Certification: Board Certified: Obstetrics & Gynecology
Board Certified: Maternal-Fetal Medicine

Todd J. Rosen, MD (MFM Division Director)
Medical School: UMDNJ – New Jersey Medial School
OB/GYN Residency: Mount Sinai School of Medicine
MFM Fellowship: New York University School of Medicine
Special Interests: High-risk pregnancies, preterm labor, multiple gestations, recurrent pregnancy loss
Certification: Board Certified: Obstetrics & Gynecology
Board Certified: Maternal-Fetal Medicine

Maternal-Fetal Medicine Fellows

Lissa N. Francois, MD (PGY-VII)
Medical School: UCLA / Drew Medical College
OB/GYN Residency: New York Medical College - Westchester
MFM Fellowship: Rutgers Robert Wood Johnson Medical School
Special Interests: Placental pathology, preterm labor
Certification: Board Certified: Obstetrics & Gynecology
MFM Fellowship – anticipated completion 06/30/2015
Guadalupe Herrera-Garcia, DO (PGY-V)
Medical School: Lake Erie College of Osteopathic Medicine
OB/GYN Residency: Sinai Hospital - Baltimore
MFM Fellowship: Rutgers Robert Wood Johnson Medical School
Certification: Board Eligible: Obstetrics & Gynecology
MFM Fellowship – anticipated completion 06/30/2017

Kristy T.S. Palomares, MD, PhD (PGY-VI)
Medical School: Boston University School of Medicine
OB-GYN Residency: UMDNJ – Robert Wood Johnson Medical School
MFM Fellowship: Rutgers Robert Wood Johnson Medical School
Doctoral Program (PhD) Boston University - College of Engineering
Special Interests: Preterm labor, cervical insufficiency
Certification: Board Eligible: Obstetrics & Gynecology
MFM Fellowship – anticipated completion 06/30/2016
OBSTETRIC CARE PRACTICE POLICIES

- The general schedule of prenatal appointments is as follows, the provider may adjust the schedule based on your individual needs during your pregnancy:
  - 8 – 28 weeks: Monthly
  - 28 – 36 weeks: Every two to three weeks
  - 36 weeks – Delivery: Weekly

- At the end of your visit, your provider will advise you to return to the office for your next visit in a certain amount of time. Get in the habit of making your next appointment at the end of your visit. You will be responsible for scheduling all of your regular prenatal appointments.

- Any special appointments with outside providers, such as ultrasounds and consultations, will be made for you by the OB Nurse Coordinator. You will receive your appointment information in the mail.

- We advise that you see the same provider for your first few visits. This will allow the doctor to obtain the majority of your labwork and establish a plan of care for the group to follow.

- It is important that you meet all the providers in our group at least once. Our physicians have a fixed schedule of hospital coverage. One of our physicians is in the hospital twenty-four hours a day, but you cannot predict which physician will be on-call when you arrive at the hospital. Your care will be provided by both male and female physicians.

- Our medical group only provides obstetrical care at Robert Wood Johnson University Hospital.

- Labwork is a very important part of your prenatal care. When a provider provides you with a slip to have blood drawn, it is extremely important that you have the labwork done within 7 days. However, you will only be notified by phone to discuss abnormal results. All normal labwork will be reviewed at your next prenatal visit.

- If you ever have any questions regarding your pregnancy or our practice, please contact the OB Nurse Coordinator at (732)235-6143.
OB TEST SCHEDULE

INITIAL VISIT:
Baseline Sonogram
PAP
Gonorrhea and Chlamydia Cultures
Urine Culture
CBC and DIFF with Platelets
Hep B Surface Antigen
Antibody Screen
Type and Rh
Rubella IgG Ab

RPR
HIV
Hemoglobin Electrophoresis
Cystic Fibrosis
SMA
Fragile X
Early 1HR GTT (WHEN APPLICABLE)
Jewish Heritage Profile (OPTIONAL)
Counsyl Genetic Screening (OPTIONAL)

10 – 12 WEEKS:
Chorionic Villus Sampling (OPTIONAL)

12 – 13 WEEKS:
Nuchal Lucency Ultrasound with PAPP-A (OPTIONAL)

16 – 21 WEEKS:
Tetra/Quad Screen (OPTIONAL)
Amniocentesis (OPTIONAL)

19 WEEKS:
Genetic Ultrasound with possible Amniocentesis (AMA)

20 WEEKS:
Level II Ultrasound

26 – 28 WEEKS:
CBC with platelets
1-Hour Glucose Tolerance Test (50 grams)
Antibody Screen (If Rh Negative)
3-Hour Glucose Tolerance Test (If Needed)
HIV

36 WEEKS:
Group B Strep Culture
FINANCIAL POLICY

We would like to provide you with detailed information about our office financial policy.

- A global fee for obstetrical care and delivery has been established which includes prenatal care, delivery, and postpartum examination.
- Additional testing such as ultrasounds, non-stress tests, and laboratory tests are not included in this global fee. Payment is expected at time of the service if it not covered by your insurance carrier.
- Any office visit for a non-pregnancy related problem (Cold, Flu, Rash, ETC) may not be included in the global fee. Payment is expected at time of service.
- All hospital inpatient or outpatient services rendered prior to delivery are also an additional fee.
- At your first scheduled obstetrical visit we would like to request the following information:
  - Insurance carrier identification card(s).
  - Insurance carrier claim form(s) with patient’s portion completed.
  - Referral, if necessary, from your primary care physician.
- If any payment arrangements need to be made, this can be discussed with the Front Desk Supervisor when you arrive for your first visit.
- For your added convenience we accept cash, personal check, Mastercard, or Visa.

We understand that questions can arise on financial matters and these should be discussed with GE Billing at (866)470-6626.
DIRECTIONS – HOW TO GET TO THE
RUTGERS ROBERT WOOD JOHNSON MEDICAL GROUP
CLINICAL ACADEMIC BUILDING (CAB)
125 Paterson Street Suite 4200
New Brunswick, New Jersey 08901
(732)235-6600

FROM NEW JERSEY TURNPIKE:
Take Exit 9 (New Brunswick). Take Route 18 North about two miles to the Route 27 South (Princeton) exit. Follow Route 27 for six traffic lights. At the 6th traffic light, make a left turn onto Paterson Street. Entrance to the CAB parking deck is on your right.

FROM ROUTE #1:
Take Route 18 North exit and follow directions as above under N.J. Turnpike.

FROM ROUTE #287:
Take Exit #10 (Route 527, New Brunswick). Follow Route 527 (Easton Ave.) for about six miles to the end, and make a right turn onto Route 27 South. At the 2nd traffic light make a left turn onto Paterson Street. Entrance to the CAB parking deck is on your right.

FROM GARDEN STATE PARKWAY NORTH:
Exit #130 (Route 1 South). Go about nine miles to Route 18 North. Take Route 18 North and follow directions above under New Jersey Turnpike.

FROM GARDEN STATE PARKWAY SOUTH:
Exit #105 (Route 18 North). Stay on Route 18 North for approximately a half-hour drive until you pass the New Jersey Turnpike entrance. Then follow directions on Route 18 North above under N.J. Turnpike.

NOTE: Entrance to the Clinical Academic Building is across the street from the entrance to Paterson Street CAB parking deck.

ADDITIONAL VISITOR PARKING INFORMATION:
Parking rates in the parking deck are subject to change. Valet parking is available at the entrance to the CAB for an extra fee.

Parking for physically challenged individuals is available in the Paterson Street CAB deck. To occupy a physically challenged space, you must have a special state placard or license plate.
DIRECTIONS TO:
Rutgers Robert Wood Johnson Medical Group Monroe Office
18 Centre Drive
Monroe Township, New Jersey 08831
Phone: (609)655-2411

Directions from points north via the Garden State Parkway/NJ Turnpike:
Take the Garden State Parkway South. Then, take exit 129 off the Parkway (I-95/NJ Turnpike). Follow the signs toward the NJ Turnpike South. Take Exit 8A towards Jamesburg. Merge onto CR-612 E/Rt. 32 East. Turn Right onto Applegarth Road. Make the first left on Centre Drive. Make the first right into 18 Centre Drive.

Directions from points east via Route 18:
Take Route 18 North. Take exit 29 towards CR-520/Tennent Road. Merge onto CR-3/Tennent Road. Turn right at Bridge Road/CR-520. Turn left at CR-520/Texas Road. Continue to follow Texas Road (turns into Matchaponix Avenue). Continue on Matchaponix Avenue (turns into Pergola Avenue). Continue on CR-612/Pergola Avenue. Turn right at Buckelew Avenue/CR-522/CR-612. Turn left at CR-612 Forsgate Drive. Turn left onto Applegarth Road. Make first left onto Centre Drive. Make first right into 18 Centre Drive.

Directions from points east via I-95:
Take I-195 West. Follow the signs toward the NJ Turnpike. Take the NJ Turnpike North. Take Exit 8A towards Jamesburg. Merge onto CR-612 E/Rt. 32 E. Turn right onto Applegarth Road. Make the first left onto Centre Drive. Make the first right into 18 Centre Drive.

Directions from points south via the Garden State Parkway:
Take the Garden State Parkway North to I-195 West. Follow Directions from points east via I-195.
DIRECTIONS TO ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL
1 Robert Wood Johnson Place
New Brunswick, New Jersey 08901
TELEPHONE NUMBER: (732)828-3000

From the New Jersey Turnpike:
Take Exit 9 (New Brunswick) and proceed on Route 18 North, about two miles to Route 27 South (Princeton Exit). Follow Route 27 to the fourth traffic light (by the railroad station). Turn right onto Easton Avenue, and make the second left onto Somerset Street. Proceed one block to the “Y” intersection of Little Albany Street and Somerset Street. Bear left onto Little Albany Street, (between the Cancer Institute of NJ and RWJUH). The entrance to the hospital’s parking deck is on the right, just past the Emergency Department sign.

From Route 1:
Take Route 18 North and follow the directions as listed above.

From the Garden State Parkway (Points North):
Exit at Route 1 (Exit 130). Proceed about nine miles north. Follow the directions listed above.

From the Garden State Parkway (Points South):
Exit Route 287 (New Brunswick, Exit #10, formerly Exit #6). Follow Route 527 (Easton Avenue) for about six (6) miles until you see a railroad overpass. (Just after the intersection of Easton Avenue and Somerset Street). Make a right onto Little Albany Street. The hospital’s parking deck is 75 yards on the left.

***Labor & Delivery is located on the 3rd floor in the Tower Building***