**NON-CREDIT ELECTIVE TITLE**

H.I.P.H.O.P: SUPPORTING WISE ACTION IN TEENS (S.W.A.T.) ELECTIVE

<table>
<thead>
<tr>
<th>ELECTIVE DIRECTOR(S)</th>
<th>ELECTIVE FACULTY</th>
<th>ELECTIVE CONTACT</th>
<th>CONTACT PHONE/FAX/EMAIL</th>
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</thead>
<tbody>
<tr>
<td>SUSAN GIORDANO, PROGRAM COORDINATOR, H.I.P.H.O.P</td>
<td>BERNADETTE WEST, PHD ASSOCIATE PROFESSOR AND ASSISTANT DEAN, STRATFORD</td>
<td>SUSAN GIORDANO N-115 PISCATAWAY</td>
<td>PH: 732-235-4198 Email: <a href="mailto:Susan.Giordano@rwjms.rutgers.edu">Susan.Giordano@rwjms.rutgers.edu</a></td>
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<tr>
<th>BLOCKS AVAILABLE</th>
<th>DURATION/WEEKS</th>
<th>HOURS PER WEEK</th>
<th>STUDENTS</th>
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<tbody>
<tr>
<td>ALL</td>
<td>MIN 10; MAX 12</td>
<td>3</td>
<td>MAX 4*</td>
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<thead>
<tr>
<th>LECTURES/SEMINARS</th>
<th>OUTPATIENT</th>
<th>INPATIENT</th>
<th>HOUSESTAFF</th>
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<tbody>
<tr>
<td>YES</td>
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<thead>
<tr>
<th>NIGHT CALL</th>
<th>WEEKENDS</th>
<th>LAB</th>
<th>EXAM REQUIRED</th>
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<tr>
<td>No</td>
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**PILOTING STUDENTS:**
Patrick Lin
Erin McKnight
Lindsay Van Pelt
Mindy Brittner

**OVERALL EDUCATIONAL GOAL:**
As mentors, medical students will gain important experience educating others about healthy behaviors and being good role models for such behaviors. These experiences will be vital to future physicians in order to be well versed in practices of patient education.

**OBJECTIVES:**
Students will create and teach medical education instructional units to Piscataway Middle School students. Each workshop will address a major issue that young adults face and ways in which to deal with these issues in a healthy and mature way. Students will be demonstrating professionalism, proper communication and educational skills, medical knowledge by developing the lesson plans, and self evaluation though reflective journaling.

**Patient Care:** Students will learn to be compassionate to and empathetic with adolescents struggling with personal issues. By instructing eighth graders about potential problems, they are acting in standards of preventative care by equipping the students with the abilities to deal with potential problems before they arise.

**Medical Knowledge:** Students will develop lesson plans utilizing current medical knowledge on the proposed topics.

**Practice-Based Learning & Improvement:** Students will develop skills in self-directed learning by designing and implementing new lesson plans that are age-appropriate. Students will develop self reflective practice habits by composing reflections based on their teaching experiences and the group sessions. These reflections will serve as a method of self-evaluation for the students to measure their personal growth throughout the elective.

**Professionalism:** Students will demonstrate accountability to their mentor groups and to on-going professional development, including self-motivation and accountability for their own learning. Students will learn to serve as positive role models for the eighth graders in the program.
**Interpersonal & Communication Skills:** Students will develop interpersonal & communication skills that result in effective interactions with adolescent group members, including the skills to communicate respectfully with diverse patients. Students will learn to adapt their communication style to the individual needs of the eighth graders and to use techniques which foster effective communication including active listening, encouragement of sharing concerns and questions.

**Systems Based Case:** Students will essentially act as health care advocates for the eighth graders and gain a better understanding of the problems that adolescents face. They will learn to work better collaboratively with adolescents as well as their peers.

**Brief Description Of Activities:**
Students will create lesson plans as well as review existing lesson plans in the first two weeks of the year in order to be well versed in the topics they will be teaching the students. Throughout the rest of the academic year, the students will visit the middle school ten times throughout ten weeks. Each week a new lesson plan will be presented to the middle school students. In addition, each medical student will be a mentor for four middle school students. Once assigned at the beginning of the year, the medical student will mentor the same eighth graders for the duration of the project, counseling them in the small groups that take place after each lesson plan is taught.

**Method of Evaluation:**
Medical students will be required to attend all scheduled meetings with the eighth graders as well as lesson planning sessions that will take place at the beginning of the academic school year prior to teaching. Each student must be prepared to teach one of the existing lesson plans. They will also be required to write a series of reflections about their experiences in teaching and interacting with the students.

* There is one section for the year, for which up to 4 students may enroll.
Guidelines for Reporting Disturbing/Concerning Information

1. If the student is NOT in immediate danger, report the information to the school counselor at the end of the session before leaving school grounds.

2. If the volunteer believes the student is in imminent danger (i.e. acting out, aggressive, verbally or physically abusive, crying, lethargic, and unresponsive) call the main office immediately and request assistance.

3. If the counselors are not available, report the information to the school nurse.

4. If the information requires intervention from an outside agency i.e. The Division of Youth and Family Services (DYFS), a school counselor will assist the volunteer with making the call.

The school counselors are located in the main office suite at the front of the building.

Things to remember:

- Volunteers are not bound by confidentially guidelines.
- Never promise to keep a secret.
- When students share information they are often asking for help.
- You must report if you believe a student is a danger to him/herself or others.
- You must report if a student tells you they have been abused.

School Counselors: Alex Gray x5315
Mawiyah Husbands x5316
School Nurse: Denise Kelly x5317