OVERALL EDUCATIONAL GOAL:
The overall goal is to enrich student’s education on addiction through a variety of clinical and community service activities as well as a related workshop component. The community site exposure will enable students to interact with addicted individuals and interdisciplinary professionals. These opportunities will offer a practical perspective on the complexity of addiction as a biopsychosocial disease. By participating in this elective, students will begin to understand the experience of a patient and the role that physicians and other health professionals play in delivering compassionate and competent care for a multifaceted, prevalent disease.

OBJECTIVES
The mission of the ‘Courage to Change’ elective is two-fold: 1) To develop interpersonal skills, compassion and competency via experiential learning about addictions medicine, and 2) To provide students an opportunity to be involved in a true service learning experience while promoting humanism in medicine throughout their student and professional medical career. Students will visit several community sites to gain exposure to patients across the spectrum of addiction: from active use to acute treatment to sustained recovery.

BRIEF DESCRIPTION OF ACTIVITIES
Students will attend an interest and orientation meeting in preparation for the elective participation. This elective includes a workshop component addressing motivational interviewing and seven varied community outreach site visits. Students will be required to attend a mid-year conference and present at a lunch lecture at the end of the year. Students are required to utilize preparatory materials before each visit, attend the visit and submit a reflection afterwards.

METHOD OF EVALUATION
Students will write a journal reflection for each community site visit (8). They will complete pre and post evaluations at the beginning and end of the elective, which will include questions on what they learned and how the information will help them become competent and effective physicians in the school and professional communities. The attendance sheet noting all community/clinic visits, required journals and pre and post evaluations must be returned to the H.I.P.H.O.P. office in order to receive transcript notation.