FOURTH YEAR ELECTIVE TITLE
OUTPTNT PSY:CLINICA LATINA
(OUTPATIENT PSYCHIATRY IN SPANISH)

COURSE NUMBER
PSYC 9025

LOCATION
UBHC/303 GEORGE ST.
NEW BRUNSWICK

ELECTIVE DIRECTOR
HUMBERTO MARIN, MD

ELECTIVE FACULTY
HUMBERTO MARIN, MD
MARIA GARCIA, MD

ELECTIVE CONTACT
KATHY KNOLL
UBHC D310
PISCATAWAY, NJ

CONTACT INFO
PH: (732) 235-4403
FAX: (732) 235-4430
knollkm@rwjms.rutgers.edu

BLOCKS AVAILABLE
3 THRU 11

DURATION/WEEKS
MIN: 3; MAX: 6

HOURS PER WEEK
4-6

STUDENTS
MAX 2

LECTURES/SEMINARS
NO

OUTPATIENT
YES

INPATIENT
NO

HOUSESTAFF
NO (FACULTY)

NIGHT CALL
NO

WEEKENDS
NO

LAB
NO

EXAM REQUIRED
NO

NOTE: Student must be able to understand basic spoken Spanish to take this elective.

OVERALL EDUCATIONAL GOAL OF ELECTIVE
Adding cultural sensitivity and competence to the regular training of medical students in clinical outpatient psychiatry

OBJECTIVES
1. Those of the regular clinical outpatient training for medical students, including enhancing the six core competencies described below.
2. Enhancing cultural sensitivity and competence in medical students
3. Encouraging these students to consider a career in mental health, where there is a severe shortage of linguistically competent providers

Core Competencies to be Strengthened in the Elective (Objective 1)

Patient Care: Students will be involved in direct patient care experiences with Spanish speaking patients. Through these experiences, students will gain knowledge of mental health illness and will learn how to provide culturally competent care to these patients.

Medical Knowledge: Students are expected to review didactic materials throughout the rotation that evaluate mental health illness in Latino patient populations (see Didactic Materials, below)

Practice-Based Learning & Improvement: Students will expect to be active independent learners, reviewing didactic materials and incorporating concepts in literature and clinical experiences in continual patient care and expected scholarly project.

Professionalism: Students will demonstrate attitudes and behaviors that are professional and attentive to the patient’s medical and psychological well being.

Interpersonal & Communication Skills: Students will develop interpersonal and communication skills that result in effective interactions with Spanish speaking patients, including the skills to communicate respectfully with diverse patients.

Systems Based Practice: Students will work collaboratively with bilingual non-physician mental health providers and support staff, from the referral and scheduling process to the provision of care. Through this collaboration students will understand how mental health services are provided in our current health care system.

BRIEF DESCRIPTION OF ACTIVITIES
This is mainly a clinical activity involving the provision of mental health care to non-English speaking Hispanic patients. The students must understand basic Spanish, as they will be involved in all the phases of the medication management and basic psychotherapy for mentally ill Hispanics. Activities include:
Review of Didactic Materials, such as
- Ramirez RR. We the People: Hispanics in the United States. US Census Bureau Web Site; 2004.

Faculty Mentorship
It will be provided by Humberto Marin, MD, and Maria Garcia, MD. It will involve the experiential component (Clinical), case discussion, project discussion, and evaluation.

Experiential component (Clinical)
It involves accompanying the mentor in the provision of mental health care to monolingual Hispanics (medication management and physician-provided basic psychotherapy). This includes: eliciting information on the subject’s mental, medical, social, and personal condition; making or updating a diagnosis; deciding and applying interventions (medication management and brief supportive/cognitive/behavioral interventions); negotiating that plan with the patient; and properly recording information on the encounter. After the clinical time, half an hour a week will be scheduled for case discussion. Should the student attend Clinica Latina on Mondays, he/she will participate in the weekly meetings of the Latino team.

Scholarly Project (Review Project or Case Presentation Project)
At the beginning of the elective, the student will agree with the mentor on a scholarly project. The project could involve a case presentation or a literature review, 4-6 pages, double space. The case presentation, besides the standard sections, should include a discussion of the ethnic/cultural factors affecting the presentation, treatment, and prognosis of the case. The literature review must deal with a subject relevant for Hispanic mental health (for example, general characteristics of Hispanics in the US, barriers to mental health care for Hispanic Americans, epidemiology of a relevant mental disorder in Hispanic Americans, treatment of a relevant mental disorder in Hispanic Americans, etc.). An hour will be assigned at the end of the Elective to discuss the project.

Method of Student Evaluation
The Evaluation will follow the general parameters in use at the school. We suggest an evaluation by the faculty member that includes:
- Attendance
- Knowledge
- Rapport/Communication/Professionalism
- Scholarly project

Are there any prerequisites for this elective? Yes, understanding basic spoken Spanish

Is this elective available to third year medical students as well? Yes