THIRD YEAR ELECTIVE TITLE
INTRODUCTION TO SPORTS MEDICINE

COURSE NUMBER
FMED 8822

LOCATION
Sites Vary

ELECTIVE DIRECTOR
KINSHASA MORTON, MD

ELECTIVE FACULTY
JASON WOMACK, MD

ELECTIVE CONTACT
ENID N. CRUZ
RWJMS FAMILY MEDICINE
KTW, N-106
PISCATAWAY

CONTACT
Ph. 732-235-4200
Fax 732-235-4202
Cruze2@rwjms.rutgers.edu

BLOCKS AVAILABLE
4, 6, 8 & 10

DURATION/WEEKS
2 weeks

HOURS PER WEEK
40

STUDENTS
Max 1

LECTURES/SEMINARS
No

OUTPATIENT
Yes (100%)

INPATIENT
No

HOUSESTAFF
Yes

NIGHT CALL
No

WEEKENDS
No

LAB
No

EXAM REQUIRED
No

***NOTE: Prior approval is necessary for registration of this Elective! ***

OVERALL EDUCATIONAL GOAL OF ELECTIVE
To familiarize students with Family Practice-Sports Medicine and increase their understanding of common musculo-skeletal disorders.

OBJECTIVES
By the end of the rotation, students will be able to:
1. Perform a musculo-skeletal exam with appropriate diagnostic maneuvers
2. Discuss the differential diagnosis for common musculo-skeletal presentations
3. Recommend appropriate radiologic studies for musculo-skeletal complaints
4. Demonstrate an understanding of the role of the family physician in managing musculo-skeletal disorders.

BRIEF DESCRIPTION OF ACTIVITIES
Students will work in the out-patient setting evaluating patients presenting with musculo-skeletal complaints. Students will work with a sports medicine attending and/or fellow and will receive instruction in performing the musculo-skeletal exam. Activities will include: obtaining histories and performing physical exams, reviewing radiologic studies, documenting visits (writing SOAP notes) in charts, and researching the literature for pertinent studies. There is no on-call.

METHOD OF STUDENT EVALUATION
Students will be evaluated by attending Sports Medicine physician and fellow. There is no written examination.

ARE THERE ANY PREREQUISITES FOR THIS ELECTIVE? No