

Rutgers
Robert Wood Johnson
Medical School



Fourth Year Book
2015-2016

The Essentials

Piscataway-New Brunswick

OVERVIEW OF FOURTH YEAR REQUIREMENTS

The fourth year for the Class of 2016 consists of ten four-week blocks, one 2-week block and a two-week winter break. Fourth year required clerkships are listed below. One block of the fourth year should be scheduled as independent study for the USMLE Step 2 CK and CS. A course in Advanced Cardiac Life Support must be successfully completed before graduation. All core third year clerkships must be completed and all reporting requirements of the Independent Project must be satisfied before taking required fourth year courses. Remediation of core third-year clerkships must be completed no later than November 1 of the academic year of anticipated graduation. Before graduation you will be asked to complete the AAMC Graduation Questionnaire. Although it is a voluntary survey, your responses help RWJMS and are important for the accurate collection of local and national data.

FOURTH YEAR REQUIRED ROTATIONS

REQUIRED CLERKSHIP IN EMERGENCY MEDICINE

Four weeks of Emergency Medicine are required during the fourth year at RWJMS / JSUMC.

SELECTIVE IN CRITICAL CARE

Four weeks of Critical Care Experience are required during the fourth year at RWJMS / JSUMC. Students may select an experience that is based in a Pediatric, Surgical, Medical or mixed Medical-Surgical Intensive Care Unit.

SUBINTERNSHIP

A four week subinternship is required of all fourth year students. Subinternships that satisfy this requirement must be in one of the following disciplines: Family Medicine, Medicine, Obstetrics and Gynecology, Pediatrics, Psychiatry or Surgery, and **MUST** be taken at RWJMS Affiliates. Additional subinternships may be selected by individual students as electives.

ELECTIVES

Twenty-three weeks of electives, which may be taken during the third or fourth year, are required for graduation. Of these, two weeks must be a **Boot Camp** in the field that will best prepare the student for their internship year. Boot Camps are only offered during the first 2 weeks of Block 9 and the last 2 weeks of Block 10. Also, three weeks of electives must be performed in an outpatient location to meet the requirement for the **Ambulatory Specialty Outpatient Experience**. In order for an elective to satisfy the Ambulatory requirement a student must spend **at least** 80% of his/her time on the elective in an ambulatory setting. Please refer to the website below for an up-to-date listing of RWJMS electives approved for this requirement:

http://rwjms.rutgers.edu/education/current_students/academics/electives/PNB_4yr.html

Electives may be performed at other medical schools. Away electives may be used to fulfill the outpatient experience. However, a WRITTEN DESCRIPTION of the elective provided by the course director must be submitted to and approved by the Office of Student Affairs (Drs. Laumbach or Mehan) to confirm that it meets the Ambulatory Specialty criteria.

No two full-time electives may be taken concurrently. For "away" electives, all documentation must be submitted to the Office of the Registrar PRIOR to the projected elective. Each student must make certain the RWJMS Registrar has received the necessary approvals from the Registrar at the "outside" medical school before the elective has begun. If this is not the case, the student will not be given credit for the elective.

INDIVIDUALLY DESIGNED ELECTIVE OPTION (MDC 9800)

Students wishing to do an elective not listed in the elective book may do so after the necessary course descriptions and approvals are submitted. Students may develop an individually designed elective in concert with a Faculty Member in order to participate in an experience that is clearly different from any preclinical or clinical elective currently offered by Rutgers Robert Wood Johnson Medical School. Written approvals must be given first by the proposed Elective Director, then by a Student Affairs dean, and finally the Registrar. If on **Academic Warning**, a student must acquire written permission of a Student Affairs dean **before** applying for an individualized elective.

Travel Advisory Note: Students traveling to other countries need to be aware of the US Department of State [Travel Warnings](#) and Alerts. Any student traveling to a country listed on this site will NOT have that activity authorized as a University-approved activity. **Individualized elective approvals will be revoked if the country the student is visiting as part of the elective experience goes on the US Department of State Travel Warnings or Travel Alerts list after the approval has been granted but prior to the commencement of the elective.** Students are advised to keep this in mind as they are planning their fourth year and are calculating completion of their 4th year elective requirements. If a student wishes to travel to a country listed on the Travel Warnings and Alerts list they can appeal to a Student Affairs Dean by providing a written request that outlines why such an experience would be a particularly valuable educational experience that could not be obtained in any other location. Further information can be found in the "Students Participating in Educational Activities outside Rutgers Robert Wood Johnson Medical School or any of its Affiliates" policy, #00-01-25-55.00.

All documentation must be submitted to the Office of the Registrar prior to the projected start date of the elective. The required form, found online at http://rwjms.rutgers.edu/education/current_students/academics/forms.html must be completed for all individually designed electives. Additional copies of the form may be obtained in the Registrar's Office.

Any Individualized Elective begun without signed, approved documents on file in the Registrar's Office WILL NOT EARN CREDIT toward graduation. It is the student's responsibility to ensure that all documents are on file.

INDEPENDENT STUDY

Four weeks of Independent Study should be scheduled during the block the student chooses to take the USMLE-Step 2 Clinical Knowledge. All students must pass this exam and the USMLE Step 2 Clinical Skills prior to being awarded the M.D. degree. Note: Step 2 Exams need to be taken by December 31st of the academic year of anticipated graduation.

2015-2016 STUDENT GUIDELINES FOR PLANNING YOUR ELECTIVE YEAR

During your fourth year, you should plan to take electives which offer a variety of experiences. This year can be used to test various career interests and to gain experience at institutions or in cities which you are considering for residency. You may wish to schedule outside electives at hospitals you are considering for residency during the early part of the Fall Semester of your fourth year. You may use electives to broaden your knowledge base, to experience areas of medicine which you will not be exposed to in your residency programs, or to experience medical practice in another country. Students who wish to take international electives must secure their own funds for this experience, must sign a liability waiver, and must have emergency travel/evacuation insurance. Travel and evacuation insurance is available at no cost through International SOS Travel Insurance @ http://www.internationalsos.com/members_home. Please be aware that an international elective in a country on the US State Department Travel Warning or Alert list cannot be approved for credit. Information on international electives is available in the Office of Global Health and from Dr. Javier Escobar, Associate Dean for Global Health (escobaja@rwjms.rutgers.edu). Approved electives completed during the third year count toward your graduation requirement.

PLANNING STRATEGY

You will select a clinical advisor and start planning your elective year with her/his help. A list of faculty advisors, their fields, and contact information will be provided to you. It is important to set priorities on how you will arrange the time blocks available to you. Some students have found it helpful to use the first few blocks in the fourth year to take electives which help determine their career path. Doing "away" electives during this period may also be helpful in deciding which programs are the best "fit" for you or may serve as a good way for you to "audition" for potential residency programs. Others find it useful to do their subinternship during this time. Some students schedule early electives with the aim of getting letters of recommendation for residency applications. It is permissible to use any fourth year block for vacation time, assuming all of your requirements are fulfilled by the end of block 11. Remember to leave yourself enough time to interview between the months of October and the end of January. If you are going into an "Advanced" specialty such as radiology or anesthesia, you will also have to interview for a PG-1 year, usually in medicine or surgery. You should also think carefully about doing clinical rotations/electives in the spring of your fourth year. Some students have found that having only vacation/non-clinical electives at the end of the fourth year makes the transition to Internship much more difficult. Also, remember to arrange to take the USMLE Step 2 CS soon after third year has ended.

Please check with Dr. Carol Terregino to make sure that you have passed the summative OSCE before taking USMLE Step 2 CS. All students must schedule the Step 2 CK and CS exams for a date no later than December 31 of their fourth year. Any student who does not comply with this requirement may not be permitted to register for any 4th year rotations or make any changes to their fourth year schedule without the approval of a Dean of Student Affairs.

WHERE YOU WILL FIND ELECTIVE INFORMATION

The Extramural Elective Compendium is available on-line at <http://services.aamc.org/eec/student.cfm>. This lists all LCME approved medical schools which allow outside students to do electives at their institutions. Information regarding who to contact at these medical schools, and the earliest date applications are accepted, is in this Compendium. When exploring electives, check with current fourth year students who have already completed electives, talk with residents and attendings in different departments as you rotate through their services, and use the AMA Graduate Medical Education Directory (the "Green Book") located in the Office of Student Affairs or FREIDA on the AMA website at

<http://www.ama-assn.org/ama/pub/education-careers/graduate-medical-education/freida-online.shtml> for additional ideas.

VACATION & ABSENTEEISM

Individual vacation time will vary depending on requirements completed during third year. Currently, two and one-half days per each elective are allowable for internship interviews. However, fourth year required courses vary as to course policy and certain days on certain clerkships cannot be missed. Please make sure to check with individual course directors. Critical Care typically allows 2½ days of excused absence for interviews. Typically, no "days off" for interviews are allowed during the subinternship. Emergency Medicine has no allowable "days off" except via excused absence from the clerkship director, and providing that any shift missed for interviews is made up at a time to be determined by the course director. The Emergency Medicine clerkship orientation day is mandatory, and cannot be made up later in the clerkship.

HOLIDAY POLICY

All M3 and M4 clerks are excused from their Clerkship responsibilities at all sites on all University holidays. When a University holiday is followed by a weekend (such as is the case with Thanksgiving), weekend time off is determined by individual clerkship directors. This policy also applies to students taking RWJMS-sponsored electives. Students on away electives should conform to the holiday policy of the sponsoring institution. **Students on subinternships are governed by the holiday schedule of the sponsoring residency program.**

FOURTH-YEAR REGISTRATION PROCEDURES

1. Use your Fourth Year Registration Form to schedule your choices in consultation with your advisor. **This form must be signed by your advisor.** The back of the form allows your advisor to approve alternate selections if your first choice already has the maximum number of students enrolled.
2. Registration will be **in-person** at your Fourth Year Scheduling Appointment in the Registrar's Office. Your Fourth Year Scheduling Appointment has been randomly assigned to you. Please notify the Office of the Registrar if you must cancel your appointment and schedule a later one.
3. The programs of all students are subject to review and approval by the Office of Student Affairs. If a program is disapproved, and you wish to pursue the program, you may be asked to appear before the Elective Review Committee, composed of the Deans for Student Affairs, the Chair of the Curriculum Committee, and the Senior Associate Dean for Education, for further explanation. The Committee will give final approval or disapproval.
4. You will need to know where to go and what to do on the first day of your elective. Therefore, **YOU MUST CONFIRM YOUR SCHEDULE WITH THE ELECTIVE CONTACT PERSON FOR EACH ELECTIVE AT LEAST ONE WEEK BEFORE THE START DATE.** The Registrar **does not** have this information.

FOURTH YEAR REGISTRATION CALENDAR -

December 4, 2014

Class of 2016 receives scheduling information.

**Jan - March
2015**

Obtain Advisor's signature and approval
of schedule.

Feb 23, 2015

Fourth year scheduling begins.

April 16, 2015

Fourth year scheduling ends.
All signed elective schedules in final form
must be in the Office of the Registrar.

ELECTIVES OUTSIDE THE Rutgers-ROBERT WOOD JOHNSON MEDICAL SCHOOL SYSTEM

Download and fill out the visiting student application form from the outside medical school. Submit to our Registrar. Many schools participate through the online Visiting Student Application System (VSAS) through the AAMC. To see which schools participate in this electronic application process, visit <https://www.aamc.org/students/medstudents/vsas/>. Our Registrar's Office will verify that you are a student in good academic standing and will supply all other necessary documentation with the exception of the health form. Health forms are handled by the Student Health Service. The application is then returned to you. Make sure the application is complete before mailing it. A student on **Academic Warning** requires signed permission from a Student Affairs dean and a letter from the Student Affairs Office stating that the student is enrolled at RWJMS and has permission to apply for the elective before any elective application can be processed.

The student notifies the Registrar upon receipt of approval from the outside program and this notification must be at least 30 days prior to the beginning of the elective. The student secures the approval signature from the Registrar and a Student Affairs dean for a change of schedule. When the confirmation of an outside elective is received by the Registrar, it will be placed in the student's "elective file." If the student receives confirmation of the proposed elective directly from the sponsoring school or hospital, it is the student's responsibility to see that a copy of this confirmation is filed with the Registrar. **No student may attend an outside elective without a confirmation letter on file in the Registrar's Office.** A liability waiver must be on file before the student may take an outside elective. **Any "away elective" begun without a confirmation letter on file in the Registrar's Office will not earn credit toward graduation. It is the student's responsibility to ensure that all documents are on file in the Registrar's Office.**

MALPRACTICE COVERAGE

You are covered for malpractice by the self-insurance program of the State of New Jersey while you are on approved clinical rotations at other institutions. HOWEVER, you are covered only if you have all of the appropriate paperwork completed and filed in the Registrar's Office before you start the elective. **IT IS ESSENTIAL** that you do not begin an elective without first ensuring that all of the necessary paperwork has been completed, approved, and filed. If you participate in a clinical program without first having all approvals, **YOU ARE AT RISK** of being personally liable in the event of any legal action taken in which you are named and the State of New Jersey may not cover you. This also puts the school at risk.

Additionally, you will not receive elective credit for electives done without prior approval.

EVALUATIONS

Evaluation of Student by Course Directors - You will be given *Evaluation of Student* forms to bring with you to all of your electives. The elective sponsor will be required to return these evaluation forms to the Registrar within 10 days following the completion of the elective. All one-week electives must be graded on a Pass/Fail scale. All electives longer than one week in duration may be graded on a 5-point scale, provided the elective uses the evaluation form distributed by RWJMS. If an elective insists on using its own evaluation form, the relevant elective grade will be recorded on our RWJMS transcript as Pass/Fail, regardless of the duration of the elective.

WITHDRAWALS AND CHANGES

Changes in electives, subinternships or required rotations may be made until four weeks prior to the beginning of the rotation. After this date, changes may be made only with the written approval of the director of the rotation from/into which the student is attempting to withdraw and/or enter. All changes are subject to the availability of space. If notice is not received prior to the beginning of the elective, credit will be withheld. **Withdrawal from a rotation after it has begun may occur only with the written permission of a Dean for Student Affairs.**

The faculty recognizes that special programs which do not conform to its general policies may be needed. Students who need special consideration should first contact the Office of the Registrar. The faculty will give such programs careful consideration.

WHAT TO DO WHEN

...YOU WISH TO TAKE AN ELECTIVE OUTSIDE Rutgers RWJMS (AND AFFILIATES)

1. Obtain and complete forms or applications from outside institution. Send to the Office of the Registrar for necessary certifications and forwarding.
2. If you do not receive a copy of a letter confirming your elective within a reasonable time, you should contact the outside elective sponsor to send this letter to the Registrar. You may not attend an outside elective without this letter in your file.

...YOU HAVE TO CANCEL AN OUTSIDE ELECTIVE

1. Give at least one month's notice.
2. Write sponsor of canceled elective with copy to Registrar.

...YOU HAVE TO CHANGE AN ELECTIVE WITHIN RWJMS OR AFFILIATES

1. Allow at least one month.
2. If on **Academic Warning**, get approval from a Student Affairs dean.
3. If less than 1 month before the start of any involved elective, obtain written approval from the Elective Director of any course you wish to drop as well as written approval from the Elective Director of any course you wish to add.
4. When completed and returned to the Registrar, confirmation will be sent to the faculty sponsors by the Registrar's Office.

...YOU PLAN TO TAKE USMLE STEP 2 Clinical Knowledge and USMLE Step 2 Clinical Skills (REQUIRED)

Apply on-line at <http://www.nbme.org/students/index.html>

...YOU ARE SICK

Please notify your clerkship/elective director/sponsor and the Office of Student Affairs **immediately** if you are unable to attend any portion of your clerkship/elective because of illness. In some circumstances, a doctor's note may be required.

...YOU NEED A LETTER CERTIFYING ACADEMIC STANDING & MALPRACTICE COVERAGE

Notify the Registrar of elective date, name of sponsor, etc. and an appropriate letter will be written on your behalf.

RWJMS Registrar's Office
675 Hoes Lane, TC-111
Piscataway, NJ 08854
(732) 235-4565
Hours: 8:30 am to 5:00 pm
Monday – Friday

Fourth Year Dates for 2015-16

RWJMS Clinical Clerkships Start & End Dates

Block #	Dates (4 weeks)	Boot Camp (2 weeks)
#1	07/06/15 – 07/31/15	
#2	08/03/15 – 08/28/15	
#3	08/31/15 – 09/25/15	
#4	09/28/15 – 10/23/15	
#5	10/26/15 – 11/20/15	
#6	11/23/15 – 12/18/15	
Vacation 12/21/15 – 01/01/16		
#7	01/04/16 – 01/29/16	
#8	02/01/16 – 02/26/16	
#9	02/29/16 – 03/25/16	02/29/16 – 03/11/16
#10	03/28/16 - 04/22/16	04/11/16 – 04/10/16
#11	04/25/16 - 05/06/16 (Only 2-weeks Long)	

Match Date: March 18, 2016

Convocation Date: TBD

Graduation Date: TBD