

<b>NON-CREDIT ELECTIVE TITLE</b> <b>MEDICAL STUDENTS FOR CHOICE (MSFC)</b> <b>SUMMER EXTERNSHIP</b>		<b>COURSE NUMBER</b> FMED 0915	<b>LOCATION</b> PLANNED PARENTHOOD TRENTON, NJ  AND  FAMILY MEDICINE AT MONUMENT SQUARE, NEW BRUNSWICK, NJ
<b>ELECTIVE DIRECTOR(S)</b> JENNIFER AMICO, MD, MPH	<b>ELECTIVE FACULTY</b> JENNIFER AMICO, MD, MPH JEFFREY LEVINE, MD, MPH	<b>ELECTIVE CONTACT</b> JENNIFER AMICO, MD, MPH	<b>CONTACT PHONE/FAX/EMAIL</b>  PH: 732-986-2906 FAX: 732-235-6095  <a href="mailto:amicojr@rwjms.rutgers.edu">amicojr@rwjms.rutgers.edu</a>
<b>BLOCKS AVAILABLE</b> SUMMER BLOCK JUNE 1-JULY 31	<b>DURATION/WEEKS</b> MIN 2 ; MAX 8	<b>HOURS PER WEEK</b> 40	<b>STUDENTS</b> MAX 1 (AT A TIME)
<b>LECTURES/SEMINARS</b> Optional	<b>OUTPATIENT</b> Yes	<b>INPATIENT</b> No	<b>HOUSESTAFF</b> No
<b>NIGHT CALL</b> No	<b>WEEKENDS</b> No	<b>LAB</b> No	<b>EXAM REQUIRED</b> No

**Before a student may register for the course, PRIOR WRITTEN consent must be received from Dr. Amico (amicojr@rwjms.rutgers.edu) and sent to the Registrar's Office authorizing the student to enroll.**

**OVERALL EDUCATIONAL GOAL:**

To provide patient-centered, non-judgmental family planning, STI, and abortion services.

**OBJECTIVES**

**BY THE END OF THE ELECTIVE, THE STUDENT SHOULD BE ABLE TO:**

- I. Patient care
  1. Discuss commonly used contraceptives including their efficacy, mechanism of action, potential side effects, and relevant counseling issues
  2. Develop contraceptive plans that are tailored to meet the individual's needs
  3. Conduct a thorough gynecologic, sexual and pregnancy history
  4. Diagnose and treat common causes of vaginitis
  5. Perform a pelvic and speculum exam in a respectful manner while maintaining patient comfort
  6. Observe and/or assist with at least 50 medication and aspiration abortion under supervision
  
- II. Medical knowledge
  1. Take a focused, yet complete gynecologic and medical history
  2. Discuss the entire process (counseling, consent, contraindications, procedure, and follow-up care) for medication and manual vacuum aspiration
  3. List the indications for emergency contraception (EC), currently available EC pill products in the U.S., and describe the evidence based regimen
  4. Describe the diagnostic process and management of bleeding in early pregnancy
  5. Review steps for how to reasonably determine if a patient is pregnant
  6. Gain basic knowledge and skills to develop and execute a focused scholarly project

- III. Practice-based learning and improvement
  1. Know how to access and use the Centers of Disease Control Medical Eligibility Criteria for Contraception
  2. Know how to access and use the Centers for Disease Control STD Treatment Guidelines
  3. Participate in a scholarly activity that ideally can be published in a peer-reviewed journal
  
- IV. Interpersonal and communication skills
  1. Utilize therapeutic communication techniques (non-verbal communication, open ended questions) to elicit a sexual and social history, including high-risk behaviors, abuse, and sexual orientation
  2. Perform compassionate, non-judgmental pregnancy options counseling and if appropriate, abortion options counseling
  3. Use “reproductively neutral” language when communicating with patients
  
- V. Professionalism
  1. Maintain a non-judgmental attitude in dealing with family planning, STI's, and pregnancy related issues
  
- VI. Systems-based practice
  1. Be able to identify all appropriate options for unplanned pregnancy, including local patient resources to facilitate each option
  2. Describe the challenges and benefits of delivering reproductive health care in the primary care setting versus a dedicated family planning clinic
  3. Appreciate the roles of staff, nurses and mid-level practitioners in the delivery of comprehensive reproductive health services
  4. Appreciate the impact of federal and state policy on reproductive health services, particularly on low-income women

**BRIEF DESCRIPTION OF ACTIVITIES:** Sample Schedule- **\*This Schedule is subject to change depending on the site's availability.** We will develop an individualized self-study plan tailored to the student's goals and schedule. A scholarly project is strongly encouraged.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	PP Abortion Session 10:00 - 6:00	Other women's health sites/ Self Study	Other women's health sites/ Self Study	Women's Health Hours - FMMS Session	PP Abortion Session 9:00 - 5:00
PM		Women's Health Hours - FMMS	Other women's health sites/ Self Study	Other women's health sites/ Self Study	Optional: FM Resident Conferences MEB 259 1:00 - 5:00 pm

PP = Planned Parenthood, Trenton, NJ

FMMS = Family Medicine at Monument Square, New Brunswick, NJ

MEB = Medical Education Building

**METHOD OF STUDENT EVALUATION**

Verbal formative evaluation; written summative evaluation

**Are there any prerequisites for this elective?** No

**Is this elective available to third year medical students as well?** Yes (see FMED 9090)

This elective is ideally geared for the student at the end of the first year because of the extended summer break. However, we are open to accepting students from other years as well.