UPCOMING RFA MEETING

"YOU WORK HARD FOR YOUR ASSETS TO PROTECT THEM"

Deirdre Wheatley-Liss, Esq.

Deirdre Wheatley-Liss, a certified elder law attorney, is the author of the book, "Plan Your Own Estate: Passing on Your Assets and Your Values Legally and Efficiently." She graduated with honors from Johns Hopkins University (BA), received her Juris Doctorate (JD) from Boston College Law School, and then earned her Masters of Law (LL.M) in Taxation from New York University.

Friday, December 6, 2013
12:00 pm – 1:30 pm
Clinical Academic Building 3405
Rutgers Robert Wood Johnson Medical School, New Brunswick

All current and retired faculty and staff are welcome to attend. Lunch may be purchased at CABFARE, the Clinical Academic Building cafeteria. ■

UMDNJ AND RU POLICIES ON GRANT WRITING FOR RETIRED FACULTY

There are a number of differences between the policies of Rutgers University and those of the legacy UMDNJ regarding benefits to retired faculty. These include emeritus title criteria, tuition remission, parking privileges, and grant writing privileges.

To clarify one of these issues, the policies on grant writing for retired faculty, the RWJMS Retired Faculty Association asked Gustav Friedrich, Ph.D., who is chair of the Rutgers University Faculty and Staff Advisory Council, to provide information on the status of these policies. This council reports to the university president's office on the interest and needs of retirees. Dr. Friedrich responded on October 17, 2013 as follows:

"I went to Ken Breslauer, PhD, dean, Division of Life Sciences, who connected me with the Office of Research and Sponsored Programs (ORSP). My primary contact was Cassandra Burrows, acting assistant director. She reports to Terri Kinzy, PhD, associate vice president for research administration. This is currently an active issue on the agenda of ORSP.

(continued on page 2)
UMDNJ and RU Policies on Grant Writing for Retired Faculty  
(continued from page 1)

“ORSP believes that prior to the merger UMDNJ didn’t allow retired faculty to apply for grants. At Rutgers, though, this is a matter decided at the department and school level. If your department gives you an adjunct appointment and your dean approves the submission of the grant indicating that if the grant is funded you will be provided the administrative and space needed to work on the grant, you can be a PI, Co-PI, or Mentor on a Grant. In some cases, though, retired faculty members found out that assuming such a role, because of their retirement circumstances, was not good for them financially. See: http://uhr.rutgers.edu/worklife-balance/retiree-services/returning-work-rutgers.

“In summary, then, (1) there is no structural barrier at Rutgers that prevents retired faculty from applying for grants; (2) at the moment this requires departmental and dean approval; (3) when doing so, it is wise to check the financial implications. This is an issue, though, where past practices at UMDNJ and Rutgers appear to conflict. These issues are currently being explored by ORSP.”

There are at least three possible reasons for allowing retired faculty members to participate in grant writing applications:

- If such grants are awarded, this would advance the research goals of the University.
- Such grants would benefit retired faculty members who would like to remain active in the school to do their research and to augment their incomes provided by the grants. Some retired faculty members would like the opportunity to develop their own ideas through their own grants during their retirement unencumbered by teaching and administrative responsibilities.
- Retired faculty members who are present physically at the University would likely provide other services, e.g., mentoring younger faculty members.

As indicated in Dr. Friedrich’s report, the current policies as they affect legacy UMDNJ faculty are under review. If new policies are developed, they will be reported in future RFA newsletters.

RWJMS RETIRED FACULTY ASSOCIATION ELECTION RESULTS

At the October 25, 2013 RWJMS Retired Faculty Association, the following people were elected to a two-year term of office:

President: Eckhard Kemmann, MD  
Treasurer: Paul Lehrer, PhD  
Election and Membership Committee: Jerry Crowley, MD; Avedis Khachadurian, MD; John Lenard, PhD; Donald Wolff, PhD

Program Committee: Donald Wolff, PhD, Chair; Gordon Schochet, PhD; Sandra Moss, MD; Mary Swigar, MD

RFA Newsletter Editor: Paul Manowitz, PhD

RFA Website: http://rwjms.umdnj.edu/faculty/retired_faculty/about.html

NEWSLETTER ARTICLES REQUESTED

Submission of articles by current and retired faculty and staff for publication in the RFA newsletter is strongly encouraged. To submit articles, please contact Paul Manowitz, PhD (email address: manowitz@rwjms.rutgers.edu; phone:732-235-4347).

UPCOMING SCIENTIFIC SEMINARS

For a listing of scientific seminars of Rutgers RWJMS and the Graduate School of Biomedical Sciences that may be of interest to retired faculty and staff, please see http://pluto.umdnj.edu/formal/SViewList.asp.
RUTGERS UNIVERSITY INN AND CONFERENCE CENTER

Nestled on a tree lined area in New Brunswick, the Rutgers University Inn and Conference Center offers 29 rooms with two full sized beds, private baths, and woodland views at reasonable rates. These accommodations are open to the public. Rutgers University departments receive special rates if payments are made via an internal purchase order. The inn is located on the Rutgers University campus at 178 Ryders Lane, not far from Route 1, Route 18, and the New Jersey Turnpike. There is complimentary parking and also easy access to the Rutgers bus system.

In addition, the conference center offers six meeting rooms that can accommodate from 5 to 100 participants. Catering arrangements for breakfast, lunch, or dinner can be made for conference participants. More information may be obtained at the website, www.ruicc.rutgers.edu or by calling (732) 932-9144.

THE INAUGURATION OF THE PHARMD/MD DUAL DEGREE IN PHARMACY AND MEDICINE

A newly inaugurated program for a combined PharmD/MD dual degree has been announced by Rutgers Ernest Mario School of Pharmacy and Robert Wood Johnson Medical School. The 10-year program consists of six years of study toward the PharmD (two pre-professional, four professional), and four years of medical school. Pharmacy students apply for acceptance into the PharmD/MD program their second professional year of study. Additional details about the new program are available at http://pharmacy.rutgers.edu/.

NEWS FROM AFAR
MARGARET AND CHARLIE BROSTROM AND JAY CHANDLER

Margaret Brostrom, PhD, and Charlie Brostrom, PhD:

Dear RFA members,

Greetings from Margaret and Charlie Brostrom of Menomonie, Wisconsin (ranked #15 among "best small towns in the US" by the folks at the Smithsonian; please come see us - we love company!). We are both well and happy. Previously, I (Margaret) lost my library privileges (proxy access) at the Medical School - no surprise - considering the "merger" and where I live now. Drs. Kemmann and Manowitz helped me navigate the sites and procedures so that I have it all back!! As I do occasional medical editing/rewriting, I am delighted. Thank you so very much, Eckhard and Paul.

Having been coaxed by friends here to join them, we cruised the north Atlantic this summer (Holland America, "Voyage of the Vikings"). Not your basic swinging singles cruise; more like the group that loves lectures and tours but not gambling and dancing until all hours. We visited northern Newfoundland, Labrador, Greenland, Iceland, Faroe Islands, west coast of Norway, and Amsterdam. We stopped at such interesting places as Qaqortoc, Isafjordur, Akureyri, Seydisfjordur, Torshaven, and Stavanger. We recommend this tour wholeheartedly. One of my photos (I took more than 550) is displayed under the heading, "Photo of the Month" (page 6).

We think often of the many years we spent at the medical school and the many dear friends we left there when we retired. We do wish all of you in the Retired Faculty Association well and good fortune into the future.

Jay Chandler, MD:

Retiring from the Full-time Faculty five years ago, I have continued on the Volunteer Faculty, assisting the Clerkship Director in a minor role. I have always found both stimulation and learning while involved in the Department of Surgery's teaching program. The well-run General Surgery weekly Wednesday Morbidity/Mortality conferences from eight to nine are the best educational hour of any week and the hour next is, for ten months of the year, generally another bright spot. (continued on page 4)
News from Afar (continued from page 3)

There is much more time for reading, seeing friends, being with and helping Fleur, wife and high school sweetheart, with so many projects in and around our home. We plan to leave in another year or two when we become one of the inmates at a CCRC (Continuing Care Retirement Community) 18 miles away. Now this is an involved project! We have been here thirty-five years. Turns out that the town library accepts BOOKS, and do we have lots. The library periodically sells thousands of them, contributing to its bottom line.

How do you get a home ready for resale? We are learning. Much to do! Keep the outside appearance shipshape, take out some of the old plantings and open up the foundation, adding a few new plantings. Get the lawn looking good, add some new brown mulch to bare spots in the ground cover. In my retirement I have taken up painting. The basement needed it. Son-in-law and, earlier, grandson, were roped into helping paint walls and ceilings. On cold days I get on painting togs, surgeons always wear gloves from a box from Ace Hardware. Then I tackle oh so many yards of old-painted building block with foundation white paint containing cement. And you should see the cement floor in three large basement rooms! Now all "teal blue." Lovely.

What about the inside? Another story. Can be hard to fit it all in what with social doings, and I took up and am becoming addicted to golf. But we tackle parts of rooms and start disposing of lots of things. Pictures/photos are a separate and difficult issue but it is a positive to look through them, tossing some but sorting most into containers marked with names of the loved ones and friends, who will-SURPRISE-be receiving photos of times past.

Fleur and I have enjoyed travel. A special event marked our fifty-fifth wedding anniversary three years ago - a great cruise experience from Stockholm around the Baltic, then Copenhagen, Oslo, Amsterdam ending in London. The highpoint was the time spent in St. Petersburg and the Hermitage with excellent guides (a MUST is wearing a hearing device, with the guide speaking into his/her microphone, because it is so noisy in that always-crowded museum). The “Regents” cruise staff does a super job organizing any event or side trip. We went on our own during the day in Oslo, visiting familiar spots and spending time with the widow of a close Norwegian friend and fraternity brother.

Somewhere warm, for a week or so, in winter seems a worthwhile destination. The first year I started into golf we spent a week near Tampa with college classmates, playing several courses. All with much surrounding and often-in-front-of-me water teeming with gators. I lost 14 golf balls in two days. But it was a blast! Then, last year, ten spring days in Cuba escorted by the National Geographic folks - really a terrific, interesting time. This year the spring trip was with a group of New Jersey surgeons, to Dublin and surroundings, with quality time with the Royal College of Surgeons of Ireland.

Fleur and I have for many years spent several – now many - summer weeks at a family cottage on an island in the largest lake near Ottawa, in Bouchette, Quebec. A huge fireplace when you need heat, propane for the appliances, running water aided by a pump you crank up down at the boathouse, a land phone line for the past two years, and now three car batteries and two light bulbs with battery connections for light in the kitchen and the main room, with a solar panel to juice up a battery. We get visitors for drinks or dinner by boat and we go fishing when hungry for bass filets grilled in bacon grease. Exercising virtually daily in the lake off the dock keeps us glowing and going. Almost every year, now that we no longer have one or more dogs with us, there is a resident gopher who lives under the old ice house. He (she?) loves anything green as well as sweet potato peelings. We are fond of him…..and I wrote a children’s story about him. After I get the illustrator enlisted, and the book hits the street, we’ll make millions.

You must remember Super Storm Sandy! Last October 28 the wind at 7:00 PM must have been blowing 90 MPH when we heard above the howling storm a crash that seemed to shake the house. Our visiting daughter checked it out and said a huge piece of the tree next door had blasted through our garage onto one car. Pieces of slate peppered the house and broke windows. Luckily, I immediately called San Antonio and entered a claim with USAA, our insurer for the car, the house and garage, and the extensive damage to yard fencing. In the light of Day Two we could see shambles created by huge tree parts crashed into the garage/car and attached shed. It is important to have a good insurance company, a very good auto body shop and one other thing: I was advised by a friend to keep a diary!

Virtually every day for weeks, then less frequently but until we received final payments and the work was completed, I made entries as to who came, whom did I call, what e-mails were sent and received and so forth. About seventy thousand dollars of work and materials resulted in an automobile that looked like new, the most beautiful garage/shed in the East, with its fabulous new slate roof and copper accoutrements, broken windows repaired and several walls of the house newly painted. The (continued on page 5)
News from Afar – Jay Chandler, MD
(continued from page 4)

deductible for the auto work - $500, for the rest of everything - $500. With the careful records we received every deserved dollar. I cannot say enough good things about the USAA people who came, saw and recorded and took very good care of us. Also, the excellent contractor we found - William Harley. We were fortunate. But it took a great deal of time dealing with all this, for many months...

How does one deal with retirement? What’s not to like? I loved the work as a general surgeon and helping to educate residents and students. Gradually cutting back on various parts of the professional work, especially the cutting parts, does aid transition to different lifestyle. Age 75 was about right retirement time for me. ■

A RWJMS Nobel Laureate?
By John Lenard, PhD

James E. Rothman—who was awarded the 2013 Nobel Prize in Physiology or Medicine jointly with Randy Schekman and Tom Südhof - was never my graduate student. He was never officially or unofficially associated with RWJMS in any way. He did, however, spend several totally unofficial months in my laboratory while he was a student and completed one part of a multi-part Harvard thesis here. We met at the 1975 meeting of the Biophysical Society, where we discussed our mutual interest in membrane asymmetry. This led to his very productive stay in my laboratory, certainly a high point of scientific intensity and excitement for me, and, Jim tells me, for him as well.

Jim’s actual thesis adviser was the eminent lipid biochemist, Eugene Kennedy, but I never spoke with him about Jim’s stay in my lab. Strangely, it never occurred to me to do so, and it has only been in the last few years that I realized how very strange that was. Jim was such a self-directed guy, it was so clear that he was constructing his own thesis strategy, and making his own arrangements with the several people he needed. Jim has told me that Kennedy hadn’t really wanted him as his student, but Jim had chosen him, so (in Jim’s telling) he went into Kennedy’s office and just didn’t leave until he had worn Kennedy down and he acquiesced; in control, as usual.

So Jim made his own arrangements with me. He stayed in my house, watched cartoons with my kids (sometimes having to be coaxed away from them to go back to lab after supper), and we became close friends. We roomed together at countless meetings and had endless discussions, mostly about his work but also about mine, and I was privileged to share with him the excitement of his early discoveries, and to explore with him the new worlds that they revealed. It was, and remains, mentally exhausting to spend time with Jim, but always deeply rewarding.

One notable meeting we attended was in King’s College, Cambridge. The College hosted an Elizabethan dinner for the attendees, and Jim rented an authentic Elizabethan costume for the event. His resemblance to King Henry VIII was remarkable; a picture of Jim wearing his costume beneath a famous Holbein portrait of King Hank, staring disapprovingly down on his near-twin, remains a treasured memento. Jim loved that costume, and had to be talked out of wearing it to deliver a scheduled lecture at the nearby MRC. But he could not be prevented from parading it around the King’s College grounds. He returned thoroughly deflated; a family of German tourists had just offered him a tip.

A Nobel for Jim has been considered inevitable for more than ten years; but when, and with whom were the engaging questions. Early on it was considered possible that Jim might share a prize with Gunter Blobel, another inevitable winner for his discovery of how newly made proteins cross membranes. I remember distinctly driving home from the dentist, listening to the radio and hearing “The 1999 Nobel Prize for Physiology or Medicine has been awarded to Gunter Blobel…and”…I gripped the wheel tightly for long milliseconds, then heard…” in other news…”.

Gunter had won the prize alone, as he deserved. He later assured Jim of his continued support for Jim’s own Nobel. A few years ago that seemed, based on inside rumors, to be about to happen, and when it didn’t, Jim called to assure me that he was not upset. On the other hand, this year he was not really expecting it, figuring (or hearing?) that it might be time for a fat cell award - leptin and all that. I think the Nobel committee must have great fun keeping their secrets and, just maybe, seeding false rumors to heighten the element of surprise.

This has given me an interesting glimpse into the politics of the Nobel and other prizes. The scientific advance to be honored is identified, the origins and most fundamental contributions to that advance are then discerned through rigorous research, and it is the authors of these that are recognized by the Nobel committee. The timing may be political, but the record shows that overall the process works well.

And now it has finally happened for Jim. The stated rationale for the award, and the three people recognized, seem exactly right. The fat cell folks will have to wait for a different year. Nancy and I are looking forward to attending the festivities in Stockholm, and will file a report when we get back.
PHOTO OF THE MONTH

The Retired Faculty Association invites all retired faculty and staff to submit their interesting and pertinent photographs with original content (no copyrighted or trademarked material) for publication in this newsletter. One photo will be selected for publication in each newsletter. The photos should be of such quality that the printed version will have 300 dpi (dots per inch). Send the photos as an email attachment to Manowitz@rwjms.rutgers.edu.

This photo was taken in east central Iceland, just south of Seydisfjordur. Iceland is characterized by its large and small waterfalls. The "near Arctic" climate of the island produces much rain and snow as well as glaciers that melt and feed rivers during the summer.

Photograph and caption provided by Margaret Brostrom, PhD
Robert Wood Johnson Medical School Retired Faculty Association
Global Health Fellowship Fund

The RFA is sponsoring medical students to learn, help, and teach in foreign countries, a potentially life-changing experience under the aegis of the Global Health Initiative of Rutgers Robert Wood Johnson Medical School. The RFA is helping to support summer programs or international electives for medical students and is asking you to consider adding your support to this effort. All funds go to help the students without any deduction for administrative expense.

You can submit your donation to support the RFA Global Health Fellowship Fund by sending a check made payable to the “RWJMS Retired Faculty Association” and mail it to Paul Lehrer, PhD, Department of Psychiatry, Rutgers Robert Wood Johnson Medical School, 675 Hoes Lane, Piscataway, New Jersey 08854. All contributions are tax deductible as charitable contributions. The RFA is a 501(c)(3) tax-exempt organization.

The following people have made donations in 2013 to support this fellowship:

Peter Aupperle   Sanford Klein
Jay Chandler     John Lenard
Javier Escobar   Paul Manowitz
Michael Gochfeld Paul Smilow
Eckhard Kemmann Nancy Stevenson

Erratum: Please note that the April, 2013 issue of the RFA newsletter incorrectly stated that the names listed were those who paid their dues for 2012. In fact, the published list included only names of those who paid their 2013 dues.

Retired Faculty Association Membership

The members listed below have paid their RWJMS RFA 2013 dues.

The members listed below have paid their RWJMS RFA 2013 dues.

- David Alcid
- Peter Aupperle
- Gad Avigad
- Gordon Benson
- Bruce and Mary Breckenridge
- Charles and Margaret Brostrom
- Wilfredo Causing
- Jay Chandler
- Joan Chase
- Jerry Crowley
- Donald Dubin
- David Egger
- Eric Eikenberry
- Stephen Felton
- Michael Gallo
- Herb Geller
- Michael Gochfeld
- Lisbeth Haines
- Joseph Kedem
- Eckhard Kemmann
- Sanford Klein
- Howard Kortis
- Linda Kovach
- George Krauthamer
- Lourdes Laraya-Cuasay
- Michael Leibowitz
- John Lenard
- Harold Logan
- Gordon Macdonald
- Paul Manowitz
- Russell McIntyre
- Virginia Mehlenbeck
- Michael Miller
- Ron Morris
- Robert Pinals
- Rebecca Puglia
- Susan Rosenthal
- Michael Ruddy
- Alvin Salkind
- Marilyn Sanders
- Philip Schiffman
- Gordon Schochet
- Peter Scholz
- David Seiden
- Norman Sissman
- Paul Smilow
- Frank Snope
- Paul Stein
- Marian Stuart
- Nancy Stevenson
- Victor Stollar
- Marshall Swartzburg
- Arthur Upton
- Gisela Witz
- Donald Wolff
- Joseph Zawadsky
- Gail Zeevalk
Retired Faculty Association

If you have not already done so, please send in your 2014 dues. Dues are collected for the calendar year. Also, if you like to support medical students to have an opportunity to participate in the Global Health Program, consider donating to the RFA Global Health Fellowship Fund. Please send your check to Paul Lehrer, PhD. Both contributions are tax deductible as charitable contributions. The RFA is a 501(c) (3) tax-exempt organization. Thank you.

RWJMS Retired Faculty Association 2014 Dues

Benefits of RFA Membership:

• Defining, advocating for and publicizing the benefits of retired faculty at Rutgers RWJMS,
• Fostering ongoing engagement and participation of retired faculty in Rutgers RWJMS activities,
• Promoting continuing interaction among retirees,
• Providing information and options for faculty considering retirement, and
• Interacting with other academic retired faculty associations (e.g., Rutgers Retired Faculty Association).

Please cut along the dotted line below and return this portion with your payment.

Please Print:

Name: ______________________________________
Address: ______________________________________
Phone: ______________________________________
E-mail address: ______________________________________

Please enclose a check for a donation to the Global Health Program made payable to the “RWJMS Retired Faculty Association” and/or $15 for dues made payable to the “RWJMS Retired Faculty Association” and mail them to Paul Lehrer, PhD, at the following address:

Paul Lehrer, PhD
Department of Psychiatry
Rutgers Robert Wood Johnson Medical School
675 Hoes Lane
Piscataway, NJ 08854

Please include any personal information that you wish to share with others.

Thank you.                                     November 2013