

Directions to

**The Arc of Middlesex  
219 Blackhorse Lane  
North Brunswick, NJ 08902  
(732) 821-1199 Ext. 168 or 169**

**From the North:**

Take Garden State Parkway to Exit 130 which is Route 1 South, or  
Take Route 287 to Route 1 South, or  
Take the NJ Turnpike to Exit 9, then take 18 West to Route 1 South.

Get on Route 1 South. Continue to Blackhorse Lane. Take the jughandle onto  
Blackhorse Lane. The Arc is approximately 1 mile on left.

**From the South:**

Take Route 1 North and make a right onto Blackhorse Lane. The Arc is  
approximately 1 mile on left.

**Upon entering the parking lot, make a LEFT and enter the building through  
the second door that is marked for "Training Entrance".**