

## Directions To

**The Arc, Ocean County Chapter, Inc  
815 Cedar Bridge Ave.  
Lakewood NJ 08701**

**732-363-3335**

**Parkway South:** Take Garden State Parkway South to Exit 88. this will put you on Route 70 West. Take Rte. 70 W to New Hampshire Avenue (Exxon Station on your left). Make a right on New Hampshire Ave. Go to the third traffic light (Cedar Bridge Ave) and make a left. The Arc building is just past this intersection on your right.

**Parkway North:** Take Garden State parkway North to Exit 90. This will put you on Chambersbridge Rd. (Rte 549). Follow this to Route 70 (McDonald's on your right) and make a right. Go to the next traffic light (U.S. Gas) and make a right onto Cedar Bridge Ave. Follow this through three traffic lights. After the third light, the Arc is just past the intersection on your right.

**From Trenton and Points West:** Take Route 195 East to Exit 28A (Route 9 South- Lakewood). Bear right at exit ramp. This will be Route 9. Follow Route 9 for 5.1 miles. Make a left onto Route 88 (church on your left).. Go one block to Clifton Ave (also Cedar Bridge Ave) and make a right. Follow over the railroad tracks and through two traffic lights. After the second light, the Arc building is ½ mile on your left.

**From NJ Turnpike:** Take the Turnpike to Exit 7A for Route 195. Take Route 195 East to Exit 28A (Route 9 South- Lakewood). Bear right at exit ramp. This will be Route 9. Follow Route 9 for 5.1 miles. Make a left onto Route 88 (church on your left).. Go one block to Clifton Ave (also Cedar Bridge Ave) and make a right. Follow over the railroad tracks and through two traffic lights. After the second light, the Arc building is ½ mile on your left.

**From Route 9 South:** Take Route 9 South to Lakewood. Make a left onto Route 88 (church on your left).. Go one block to Clifton Ave (also Cedar Bridge Ave) and make a right. Follow over the railroad tracks and through two traffic lights. After the second light, the Arc building is ½ mile on your left.

**From Route 9 North:** Take Route 9 North into Lakewood. Pass Kimball medical center (on your left). After the WaWa on your left go to the first traffic light and make a right. Go to the stop sign and make a right. Follow over the railroad tracks and through two traffic lights. After the second light, the Arc building is ½ mile on your left.