Supporting Patients with I/DD:
Understanding Challenging Behavior and Sensory Needs in a Clinical Setting

*Grand Rounds Resources & Tools*

**Organizations:**
  - The HCARDD website offers toolkits, a health passport, videos, visual aids, clinical tips, and discharge planning tools
- National Association for Dual Diagnosis (NADD)- [www.theNADD.org](http://www.theNADD.org)

**Resources:**
- Canada’s Mental Health & Addiction (CAMH) Network- Health Care Access Research and Developmental Disabilities Video Resources: [https://www.porticonetwork.ca/web/hcardd/resources/videos](https://www.porticonetwork.ca/web/hcardd/resources/videos)
  - *The Diagnostic Manual-Intellectual Disability, DM-ID-2*, provides guidance for assessing and diagnosing specific disorders in individuals with IDD by providing information to help recognize signs and symptoms of mental illness. It lists behavior changes that may indicate certain mental health problems that are noticeable.
- National Alliance of Mental Illness (NAMI)
  - *Mental Health Facts in America (2019)*: [https://nami.org/nami/media/nami-media/infographics/generealmhfacts.pdf](https://nami.org/nami/media/nami-media/infographics/generealmhfacts.pdf)
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**Tools:**

- *The Incredible 5-Point Scale*: https://www.5pointscale.com/ (provides ideas, examples, templates, and resources to support use of 5-point scale and anxiety curve)

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