

**DIRECTIONS TO ARC ESSEX
123 Naylon Avenue
Livingston, NJ 07039
(973) 535-1181**

FROM THE GARDEN STATE PARKWAY OR NEW JERSEY PARKWAY

Take exit #145 off the parkway or exit #15 West off the turnpike and follow Route #280 to exit 4A (Eisenhower Parkway South). At the third traffic light on Eisenhower Parkway, make a right turn onto Dorsa Avenue. Make first left onto Naylon Place and go to end. The ARC office is on the right.

FROM INTERSTATE #287

Exit for Route #10 East. Take Route #10 approximately 10 miles to the Livingston traffic circle. Make a U-turn and then make an immediate right onto Eisenhower Parkway North. Exit at the second traffic (Dorsa Avenue exit) just before light. Cross over Eisenhower Parkway. Follow directions above.

FROM INTERSTATE #280:

Traveling East on 280, exit at 4A (Eisenhower Parkway South). Traveling West on 280, exit at Exit 4A, (Eisenhower Parkway South). At the third traffic light on Eisenhower Parkway, make a right turn into Dorsa Avenue. Make first left onto Naylon Place and go to end. The ARC office is on the right.