SESSION AGENDA

• Epidemiology and impact of risk factors (social determinants)
• What the data tells us about NJ populations at risk
• Importance of maintaining good maternal care practices
• How COVID has changed SUD treatment
• How to provide care and be safe.
• Personal Protective Equipment (PPE)
• Questions and Answers
• Coronavirus Disease 2019, COVID-19
• Thought to be spread mainly from person to person
• Spread from contact with contaminated surfaces or objects
Most data available is antedoctal and is based on observations from China and Italy, not sure this entirely extrapolate to our US population (heterogeneous population).

Current available data does not indicate pregnant women at increased risk.

Pregnant women are considered relatively immunosuppressed and at greater risk of severe morbidity and mortality from other respiratory infections (ie influenza, SARS-CoV, MERS-CoV).

Therefore pregnant women should be considered an at risk population for COVID-19.
• OUD patients and Pregnant patients are both very vulnerable groups
• Factors that may be exacerbate poor outcomes:
  • Food insecurity
  • Homelessness
  • Domestic violence/ IPV
  • Loss of income
  • Loss of insurance
  • Additional childcare responsibilities
  • Self treatment of anxiety or depression
Instruct patients to call first
First person to contact patient – should ask about symptoms
Testing sites, local and state health departments
Patient presents on labor floor - PPE, dedicated staff
Travel history no longer necessary component
Vitals, Pulsox, respiratory findings
Testing - influenza, other viral, renal failure, chest xray
WHAT THE DATA TELLS US ABOUT NJ POPULATIONS AT RISK
• Continue to screen and treat SUD
• Incorporating more telehealth for all aspects of care for those who have the technology
• Asking patients how they are managing stress during this crisis (tobacco, alcohol and substance use)
• Anticipatory guidance for patients
  • Is it safe to deliver in the hospital, am I a candidate for home birth?
• Telephone check-ins/ telemedicine
• Patients are afraid- fear and anxiety- increase stress and stress related complications
• Increasing # of extramural deliveries and or intentional home births
• Rely on our BASIC TRAINING
• When in proximity to blood bodily fluid, secretions – don’t get lax
• Use PPE (mask, face shield, gloves, gown, booties)
• Taking it off properly is just as important (Doffing) as

• Putting it on properly (Donning)
FACE COVID-
A MODEL FOR DEALING WITH CURRENT STRESSORS

- Focus on what is in your control
- Acknowledge your thoughts and feelings
- Come back to your body
- Engage in what you are doing
- Committed action
- Opening up
- Values
- Identify Resources
- Disinfect and distance

- Reference: www.weitzmaninstituete.org/coronavirus
REFERENCES

- NJ Department of Health
  - 609-392-2020 After hours / Epi on call phone #,
  - 609-826-5964 Infectious Disease Outbreak-related Questions
- CDC
- ACOG

Thank you!

Questions & Discussion