

# Substance Use Disorder Treatment for Pregnant and Parenting Women during COVID

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# Cooper Center for Healing

*The Cooper perinatal substance use disorder program is a wrap-around program offering medical, behavioral, and social service support to pregnant and parenting women. We offer both low-barrier, walk-in services and telehealth/tele-therapy during COVID-19.*



Changing Families



# Access to Medication for Addiction Treatment

## Barriers Increased by COVID-19:

Decreased Hours or Closed OBAT Offices

Medication Availability  
(Pharmacy/Suppliers/Distribution Shortages)

Transportation changes & safety concerns affect  
patient ability to get to medical visits

Child Care / Lack of Family Support

Delayed Insurance Coverage/Social Service Access



# Tele-health and Tele-therapy



This has dramatically *increased* access in some ways

“Home visit” of sorts

Able to provide care when transportation falls through, etc.

New barriers:

- *Some patients lack access to devices/internet/technology*
- Decreased toxicology testing/results & ability to do in-person exams for some patients

# Access to Social Services

- **HOUSING**
- Food Insecurity
- Delays Receiving Benefits
- DCPP- Mostly Remote, assessments limited in some cases



# Supporting Short and Long Term Recovery in a Public Health Crisis

Frequent Communication & Support

Mental Health Support (Teletherapy)

Continuing Efforts to conduct toxicology testing

Focus on Meeting Basic Needs: *Housing, WIC, Medication, Transportation*

