



Karen Wei-Ru Lin, MD, MS

Professor

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Karen Wei-Ru Lin, M.D., M.S. is a professor of Department of Family Medicine and Community Health at Rutgers Robert Wood Johnson Medical School. She is the assistant dean of Global Health at RWJMS, assistant director of Family Medicine Residency at Robert Wood Johnson University Hospital, director of Center for Healthy Families and Cultural Diversity. She is the only faculty who integrates acupuncture into family medicine at Rutgers Health.

Dr. Lin is the faculty advisor for the HIPHOP-Promise Clinic, a medical students-run weekly health clinic for underserved populations in New Brunswick, Medical Mandarin elective, Integrative Medicine Interest Group, Asian Pacific American Medical Student Association, Global Health Interest Group and Human Right Initiative and student-run COVID vaccine clinic

She is a member of the Appointment and Promotion Committee at Family Medicine and Community Health, leadership committee of Family Medicine at Monument Square. In the past, she served on the Executive Council, Admissions, Alternative Medicine, and Multicultural Education Committees and facilitated the Chinese American Medicine Initiative and Integrative Healing Program at RWJUH.

Education:

National Taiwan University, Medical Technology, Bachelor of Science
Rutgers University, Environmental Science, Master of Science
Robert Wood Johnson Medical School, Doctor of Medicine

Residency:

Robert Wood Johnson Medical School, Family Medicine

Fellowship:

AAFP, National Institute of Program Directors Development I

Board Certification:

National Board of Medical Examiners; American Board of Family Medicine

Key Grants:

PI: Jimma University Strategic Team Empowerment, US. Ethiopian University Linkage Seed Grant, 2021-23.

Co-PI: Expansion of Veggie Rx at Promise Clinic initiative, Rutgers Community Health Foundation, 4/2021-3/2022

PI: Wellness Intervention for Life Demands, Rutgers University, Community –University Research Partnership Grant for New Brunswick-, 2018-19.

PI: Affordable Care Act: Primary Care Residency Expansion, DHHS, HRSA, CFDA No. 93.510, 2010-15

PI: Reciprocity: Caring for Our Past. Interventions for Improving Influenza and Pneumococcal Immunization Rates Among Seniors in New Brunswick Community, AAFP Foundation, 2014-15

PI: Healthy Garden and Healthy Living: Creative Engagement in Food Access and Nutrition, 2015-16

PI: A tool to Improve Maternal and Newborn Health in Tanzania, 2016

PI: Medical Chinese Dissemination Project, Chinese American Medical Society, 2010

PI: Health Passport to Healthy Living, Rutgers Global Health Institute, 2017-20

PI: FAM-IME Integrative Medicine education, Weil Foundation, 2011-2014

Selected publications:

Arias-Alzate A, Flood D, Hawes M, Morris C, Schmidt C, Wu D, Zheng J, **Lin K**: Community Partnerships to Address Barriers to Covid-19 Vaccine Access Among Vulnerable Adults, poster, NJAFP, 2021

Patel K, Hayes J, Biswas M, Medina-Pardo S, Zheng J, Levitt A, Rowe J, Errickson L, Cuite C, **Lin K**: *VeggieRx-2020: A prescription Produce Program to Address Food Insecurity During COVID-19*, poster, Society of Student Run Free Clinics, 2021.

Rowe J, Warriar V, Hawes M, Nimgaonkar I, Weber P, **Lin K**: *The Homeless and Indigent Population Health Outreach Project Promise Clinic: Addressing Challenges through Centralized Telehealth to Care for Underserved Minorities during COVID-19*, AMA Health Systems Science 2020 "Medical Students, Residents and Fellows Making an Impact".

Cheng SJ, Elkeshk S, **Lin KW**: *Patterns of Food Allergy Among Hispanic Children of Central New Jersey*. Poster, AAFP Global Health Summit, 2020

Zheng, J., Errickson, L., Cuite, C., & **Lin, K**. *Veggie Rx: Increasing Fresh Produce Affordability to Improve Dietary Intake by Student-Run Free Medical Clinic Patients*. Poster, AAFP National Conference of Family Medicine Residents and Medical Students, 2020

Joshua Gilens, Lin K: VeggieRx: prescribing fresh produces, workshop at American Academy of Family Physicians- Global Health Summit, Albuquerque, 2019

Fong F, Lin K, Amico J: Does cryotherapy after exercise reduce delayed onset muscle soreness in active adults? Family Physicians Inquiries Network-Help Desk Answer, Evidence Based Practice, 2019

Wong P, Lin K, Amico J: What is the efficacy of cupping for Chronic neck pain, FPIN-HDA, Evidence Based Practice 21 (9): 95, Dec. 2018.

Lin, K, Clinical Challenges with International Fellows, American Academy of Family Physicians- Global Health Workshops, Houston, Tx, 2017.

Van Pratt Levin B, Berlant Z, Lin K, Medical Student Interpreter Training Program in a Student – Run Free Clinic. Poster. AAFP-GHW, Houston, Tx, 2017.

Mischell S, Frenchu K, Yegya-Raman N, Lin K: Patient Expectations and Satisfaction when Using a Student-Run Health Clinic, Journal of Student-Run Clinics 3 (1):1-7, May 2017

Lin, K, "Healthy Garden and Healthy Mind", Consortium of Universities for Global Health- poster, annual conference, San Francisco, 2016.

Frenchu K, Yegya-Raman, Mischell S, Lin K: Patient Expectations and Satisfaction When Using a Student-Run Free Clinic. Society of Student Run Free Clinic, Phoenix, Arizona, 2016

Lin K: Teach the Teachers- In Primary Care of Universal Health System in China, AAFP-Global Health, Denver, CO, 2015

Lin K: Four "I"s to Develop Global Health Program- poster, AAFP-GH, Denver, CO, 2015

S. Caplan, K. Queen, J. Tsui, R. Nahar, K. Lin: Mental Health Services in the Dominican Republic from the Perspective of Health Care Providers. America Public Health Association, Chicago, 2015

Escobar J, Debbarma, Rozario C, Lin, K: Successful Program for Global Health in A Medical School: Enhancing Cultural and Linguistic Skills- poster, Consortium of Universities of Global Health, Boston, 2015

Lin, K: Global Health beyond Family Medicine, AAFP-Global Health Workshop, San Diego, California, Sept. 2014

Shadiack A, Morton K, Lin K: Supplemental Garlic and Hypertension. FPIN-HDA, Evidence Based Practice. 2014

Khalil C, Clemow L, Lin K: White Coat Hypertension and Cardiovascular Risk. FPIN-HAD, Evidence Based Practice, 2014

Lin, K: Global Health Locally: transform challenges into opportunities, AAFP- Global Health Workshop, Baltimore, MD, Oct. 2013

Lin, K: The Best of Both Worlds: Traditional Chinese Medicine in Contemporary Medical Education. Traditional Chinese Medicine and Contemporary Society: Theory and Practice in the Global Age, Nov. 2013, Rutgers University

Chang A, Jacobsen K, Lin K: Enterovirus Knowledge and Handwashing Practices among Nurses in a Hospital in Taipei, Taiwan, Taiwan Epidemiology Bulletin, v.27/n.6, March 2011

George S, Lin K, R-Hamm B: Best Treatment for Actinic Keratosis. FPIN-HDA, Evidence-Based Practice, April 2010.

R-Hamm B, Abro M, Lin K: Do SSRIs Increase Risk of Suicide in Adults, FPIN- HAD Evidence-Based Practice, Oct. 2009.

Kotay A, **Lin K**, R-Hamm B: What is the Most Effective Treatment for Adjustment Disorder with Depressed Mood, FPIN-HDA, Evidence-Based Practice, Sept. 2009.

McGarry BJ, **Lin K**: Educating the Digital Native Generation: Online Resources for Running a 21st Century Residency. Poster presentation, Workshop for Directors of Family Medicine Residencies, Overland Park, Kansas. June 7, 2009.

George S, **Lin K**, and R-Hamm B: What measure from a lipid panel is the best predictor of cardiovascular risk? Family Physicians Inquiries Network – Helpdesk Answers (FPIN-HDA), Evidence-Based Practice: vol.12, No.6, 9-10, June 2009.

Honors and Awards:

2020 Family Physician of the Year, New Jersey Academy of Family Physicians and American Academy of Family Physicians

2020 Leonard Tow Humanism in Medicine Award- Gold Humanism Honor Society at Rutgers Robert Wood Johnson Medical School

2020 Health Care Hero at Rutgers Robert Wood Johnson Medical School 2019 Rutgers Global Award, Rutgers, The State University of New Jersey 2016 Clement A. Price Human Dignity Award of Rutgers University

2009 AAFP-Family Physician of the Year, top five finalists

2007 Family Physician of the Year, New Jersey Academy of Family Physicians Teaching Award, Robert Wood Johnson Medical School Family Medicine Residency Faculty Merit Award, Robert Wood Johnson Medical School

Distinguished Alumni in Biological Sciences Award, Rutgers University, the Graduate School Leadership Award, Overseas Young Health Professional Program, Taiwan

Outstanding Alumni Award, Fu-Hsin School, Taiwan NAACP Charles Drew Medical Award and The American Cancer Society's Leadership and Distinguished Volunteer Awards

Community Services:

Member, New Jersey Academy of Family Physicians, Board of Trustees Member, New Jersey State Acupuncture Examining Board

Member, RWJ University Hospital, Community Relations Committee Member, RWJ Wellness and Fitness Center, Medical Board Advisor, Piscataway Township Healthy Advisory Commission Member, Tzu Chi International Medical Association Fellow, Leadership New Jersey

Past president, Chinese American Cultural Association