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Dr. Clemow is an Associate Professor with appointments in the Departments of Family Medicine and Community Health and Psychiatry at RWJMS. She is a clinical health psychologist with more than 30 years of experience in delivering psychosocial services in medical settings (both primary and specialty care), and expertise in using quantitative measures of quality of life and psychosocial distress in clinical trials. She is currently PI of a project funded by Horizon Blue Cross/ Blue Shield of New Jersey, studying the impact of outreach to a population of “higher and rising risk” patients in primary care conducting screening for psychosocial and health behavior and other issues related to self-management of chronic conditions, with appropriate referrals for in-house psychosocial and health behavior services, health education/ health coaching and case management. She is also involved as a co-investigator of a study trying to assess and meet the needs of cancer survivors in primary care. Over the past 10 years, she has been PI of an NHLBI-funded clinical trial testing a non-pharmacological treatment for hypertension, as well as a study funded by NIDDK to pilot test an intervention combining a practice-level consultation based on Knowledge Management with training staff in Motivational Interviewing and related patient self-management approaches. She recently completed the implementation of SBIRT (Screening, Brief Intervention, and Referral for Treatment) at the Family Medicine at Monument Square (FMMS) practice, funded by SAMHSA through the New Jersey Department of Human Services. Since 2010, Dr. Clemow has directed an integrated behavioral health program at FMMS, training clinical psychology graduate students to deliver evidence-based cognitive-behavioral treatment in primary care. She is also co-director of psychosocial training in the Family Medicine Residency program at Rutgers RWJMS. For more information, click [here](#).