Fred Kobylarz, MD, MPH
Associate Professor
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Geriatric Medicine

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Dr. Fred Kobylarz is an Associate Professor in the Department of Family Medicine and Community Health at the Rutgers Robert Wood Johnson Medical School where he is also Director of the Department's Center for Healthy Aging and Co-Director of the Geriatric Fellowship Program. Dr. Kobylarz is board certified in Family Medicine and has a Certificate of Added Qualifications in Geriatrics. He received his medical education in Mexico and completed a residency in Family Medicine followed by a fellowship in Geriatrics and a Master's in Public Health at the Robert Wood Johnson Medical School and Rutgers's University. Prior to this, he was a founding faculty member of the Florida State University College of Medicine, Department of Geriatrics. He was recipient of the first cohort of Geriatric Academic Career Awards (GACA) from HRSA (Health Resources and Services Administration) with a focus in Ethnogeriatrics and developed national curricula. His areas of research have included Alzheimer's clinical trials drug studies, elder abuse, and health literacy. Dr. Kobylarz serves on the board of directors of the Alzheimer's Association New Jersey Chapter on the Medical and Scientific Committee and chairs the Programs and Advocacy Committee. He is a member of the newly formed New Jersey Alzheimer's Disease Study Commission. He is a member of the American Geriatrics Society and has been recognized nationally for his service on various committees'. He was recently selected as a Health and Aging Policy Fellow (2013-2014). As a Geriatrician, Dr. Kobylarz provides care for patients in a variety of settings. He has authored various publications on cross-cultural communication and health literacy.

Undergraduate School and Areas of Concentration:

- Farleigh Dickinson University, Biological Sciences, Bachelor of Science

Graduate Schools and fields of study:

- Universidad Del Noreste Medical School (University of the Northeast) Mexico, Doctor of Medicine
- Rutgers/UMDNJ, Master of Public Health

Residency:

- St. Joseph's Hospital and Medical Center/Seton Hall University, Family Medicine

Fellowship:

- Robert Wood Johnson Medical School/UMDNJ, Geriatric Fellowship with Emphasis on Faculty Development
- Stanford University Medical School, Visiting Scholar Ethnogeriatrics
- Health and Aging Policy Fellowship, Washington DC

Board Certification:

- American Board of Family Medicine
- Certificate of Added Qualification in Geriatrics

Key Publications:

1. **Kobylarz, FA**, Pomidor A, Pleasant, A. Health Literacy as a Tool to Improve the Public Understanding of Alzheimer's disease. Annals of Long Term Care. Vol 18, January 2010.
2. **Kobylarz FA**, Anthony D. Case #29: 72 year old male with Dementia. Family Medicine Computer Assisted Simulations for Educating Students, eds. Chessman and Leong. Lebanon, NH: Institute for Innovative Technology in Medical Education, July 2010. Available at http://www.med-u.org
3. **Kobylarz FA**, Gwen Y. Racial, Ethnic and Cultural Aspects of Health Care for Older Adults. In Arenson, C, et al, eds. Reichel's Care of the Elderly 6th edition Cambridge University Press, 2009.
4. **Kobylarz FA**, Clark N, Brummel-Smith K. Essential PDA Resources for Geriatric Healthcare Professionals. Annals of Long Term Care. Vol 17, January 2009.
5. Bakan M, Koen B, **Kobylarz FA**, Morgan L, Goff R, Kahn. Following Frank: Response-Ability and the Co-Creation of Culture in a Medical Ethnomusicology Program for Children on the Autism Spectrum. Journal of the Society for Ethnomusicology. Volume 52 Number 2 Pages 163-202. Spring/Summer 2008.
6. Koen B, Bakan M, **Kobylarz FA**, Morgan L, Goff R, Kahn. Personhood Consciousness: A Child Centered Approach to Sociomusical Healing and Autism Spectrum Disorders. In: Koen B, Lloyd J, Brummel-Smith K, Eds. The Oxford Handbook of Medical Ethnomusicology. New York, Oxford University Press, Pages 461-482, 2008.
7. **Kobylarz FA**, Pomidor A. SPEAK Mnemonic: A Clinical Tool for Health Literacy in Geriatric Clinical Encounters. Geriatrics 2006; 61(July):20-7.
8. Heath JM, Brown M, **Kobylarz FA**, Castano S. The Prevalence of Undiagnosed Geriatric Health Conditions among Victims of Elder abuse and Neglect. The Gerontologist. 45 (6) 820 – 823, 2005.

9. **Kobylarz FA**. Online Education Module - The ETHNICS Mnemonic: A Clinical Tool for Ethnogeriatric Education. Portal of Geriatric Online Education (POGOE), June 2005. Available at http://www.pogoe.org.
10. **Kobylarz FA**, Heath JM, Spike J. Cross-Cultural Aspects of Geriatric Decision-Making Capacity. Ethics, Law, and Aging. 2005 (11) 105-110.
11. **Kobylarz FA**. A Spanish Language Version of the ETHNICS Mnemonic: A Clinical Tool for Health Care Professionals. Caring for Hispanic Patients. 2:21-24, 2005.
12. Heath JM, **Kobylarz FA**, Brown M, Castano S. Interventions from Home-Based Geriatric Assessments of Adult Protective Service Clients Suffering Mistreatment. Journal of the American Geriatrics Society 53:1538-1542, 2005.
13. Kairys J, Orzano J, Grepory P, DiCicco Bloom, B, **Kobylarz FA**, Scott J, Crabtree BF. Assessing diversity and quality in primary care through multimethod assessment process (MAP). Quality Management in Health Care, 10(4). 1-14, 2002.
14. **Kobylarz, FA**, Heath JM, Like R. The ETHNIC(S) Mnemonic: A Clinical Tool for Ethnogeriatric Education. The Journal of the American Geriatric Society, 50 (9):1582-1589, 2002.

Honors, Awards, Community Service:

- American Geriatrics Society Outstanding Committee Member Award
- Faculty Recognition Award for Excellence in Teaching Family Practice Residency Program UMDNJ-Robert Wood Johnson Medical School, Department of Family Medicine
- Outstanding Junior Faculty Teaching Award, Florida State University College of Medicine
- Geriatric Academic Career Award
- Honorable Recognition from State Department of Public Health, Tamaulipas, Mexico for Social Service commitment for M.D. Degree
- Member, American Geriatrics Society
- Board of Directors, Alzheimer's Association New Jersey Chapter
- NJ Alzheimer's Disease Study Commission
- Reviewer: Journal of the American Geriatrics Society, Alzheimer's Association International Research Grant Program, Health Resources and Services Administration (HRSA) Geriatric Training for Physicians, Dentists, Behavioral & Mental Health Professionals