



GSBS at RWJMS

February/March Monthly Announcements

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Annual committee meeting reminder:

You are required to have one meeting each academic year. Please remember to schedule your annual committee meeting before September. For those students who have finished the Proposition Exam, it counts as a committee meeting for that academic year.

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1. *Student Wellness Program / Information "Decisions: Making the Tough Call"*
 2. *Student Wellness Program / Information "The Importance of Sleep Hygiene"*
 3. *2013 GradFund Graduate Funding Mentoring Program*
 4. *Theobald Smith Society NJ Branch ASM Awards and Scholarships Available and Call for Abstracts*
 5. *GSA Graduate Students and Postdocs: Apply for the DeLill Nasser Award today!*
 6. *2013 Annual Retreat on Cancer Research*
 7. *GSBS "Academic Forms"*
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1. A message from your Student Wellness Program: 732-235-5933

Decisions: Making the Tough Call

We are faced with making decisions constantly throughout each day. Some decisions appear to be simple and less complex such as deciding what to eat for breakfast or what time to leave the house to arrive somewhere on time. Some decisions are more complex and have greater consequences. Whether it is the everyday decisions you are finding challenging or the larger life decisions, below are some tips to help you determine what the best course of action may be. (Please see attachment)

2. A message from your Student Wellness Program: 732-235-5933

The Importance of Sleep Hygiene

People in the United States, like those in other industrialized countries, suffer from a lack of sufficient and healthful sleep. The American Psychological Association has recently stated, "According to the Centers for Disease Control and Prevention (CDC), a quarter of U.S. adults say they don't get enough sleep at least half of the time.and a 2012 study from the National Institute for Occupational Safety and Health for Occupational Safety and Health than found that 41 million workers get fewer than six hours of sleep a night – significantly less than the seven to nine hours that experts recommend". The negative impact of poor sleep habits on a person's general health are generally well known, though students continue to ignore well documented research. (Please see attachment)

3. 2013 GradFund Graduate Funding Mentoring Program

Use your summer to develop your grantsmanship skills to gain a head start on proposal writing for the 2013-2014 application season and beyond!

The deadline to begin your 2013 GradFund GFMP application is April 22, 2013.

[The GradFund Graduate Funding Mentoring Program](#) is a structured, writing-intensive and supportive environment for the development, review, and critique of external funding applications. External funding includes grants and fellowships offered by a range of public and private agencies to support graduate students as they pursue their graduate studies. In addition to providing financial support, these awards are an important building block to a successful scholarly career and have a transformative impact on one's graduate study and career as a junior scholar.

[The GradFund Graduate Funding Mentoring Program](#) offers current and incoming graduate students a unique opportunity to be immersed in the proposal writing and application process. This is an on-line summer program and participation is by application. The first step in the application process is to complete a consultation meeting, which can be scheduled by sending an email request to gradfund@rci.rutgers.edu.

For more information about the GradFund Graduate Funding Mentoring Program, including the application timeline, please click [here](#).

4. Theobald Smith Society NJ Branch ASM Awards and Scholarships Available and Call for Abstracts



AMERICAN SOCIETY FOR MICROBIOLOGY

ASM membership

Advance with ASM

Theobald Smith Society, New Jersey Branch
American Society for Microbiology
<http://users.tellurian.com/tss>

Meeting Announcement
Awards
Scholarship
Call for Abstracts

Meeting in Miniature and Waksman Honorary Lectureship

Date: May 2, 2013

INFORMATION for AWARDS, SCHOLARSHIP and ABSTRACTS

WAKSMAN AWARD – The Annual Waksman Honorary Lectureship is awarded to a scientist who has a distinguished career in science and who has made a significant contribution to the field of microbiology.

Deadline for receipt of nominations is **March 15, 2013**

For Nomination Guidelines, click [here](#)

YOUNG INVESTIGATOR AWARD – The TSS Young Investigator Award recognizes the achievements of young investigators in the junior stages of their career, working in either academics or industry. Students, colleagues, senior scientists or research directors are all encouraged to nominate exceptionally qualified people for this award, which is not open to post-doctoral fellows. The winner will receive a certificate of award and be asked to address TSS at a future evening meeting.

Deadline for receipt of nominations is **March 30, 2013**

For Nomination Guidelines, click [here](#)

GRADUATE SCHOLARSHIP – A \$1000 scholarship will be awarded to a graduate student studying microbiology or a related field. The student must be matriculated at an institution within the geographical boundaries of TSS and may receive the award only once in his or her graduate career. Successful candidate must be a member of TSS.

Deadline for receipt of applications is **March 30, 2013**

For Application Guidelines, click [here](#)

CALL FOR ABSTRACTS (Poster and Oral Presentations) – Abstracts of short papers of original scientific research are being solicited from undergraduate, graduate, post-doctoral and new industrial researchers for poster presentations for the TSS Annual Meeting in Miniature. Cash prizes will be awarded for outstanding presentations in appropriate categories. The program will be coordinated by the Student Chapter of the Branch.

Deadline for receipt of abstracts is **April 15, 2013**

For Abstract Submission Guidelines, click [here](#)

For more and updated information on the meeting program, speakers, and meeting location visit <http://users.tellurian.com/tss/>

Contact:

Andrew Marinucci
Treasurer, Theobald Smith Society, New Jersey Branch ASM
andrew.marinucci@verizon.net

5. GSA Graduate Students and Postdocs: Apply for the DeLill Nasser Award today!



Dear Colleague:

Now is the time for **graduate student and postdoctoral members of GSA** to apply for [DeLill Nasser Travel Awards for Professional Development in Genetics](#). Awards of **\$1,000** each will be awarded **for travel to national and international meetings or laboratory courses**. These meetings and courses should take place between **July 1, 2013 and December 31, 2013**. (Additional awards will be presented in the fall for meetings and laboratory courses occurring between January 1, 2014 and June 30, 2014.)

A 2012 recipient of the DeLill Nasser Award said that thanks to attending a meeting with the award, "I feel as though I have a much clearer idea of which 'big-picture' areas of genetic research appear the most important, and which advantages and disadvantages my current model system has in trying to address these problems of the future...This award granted me a great career opportunity for which I am very thankful." Don't let this "great career opportunity" pass by you or your trainees! The **deadline for [applications](#) is April 5, 2013**.

Please publicize this among your colleagues, students and postdocs. Don't let them miss this chance to receive funding that could make a difference to their research and career.

Best regards,
Beth Ruedi
Director of Education and Professional Development, GSA

6. 2013 Annual Retreat on Cancer Research

The Annual Retreat on Cancer Research in New Jersey organized by The Cancer Institute of New Jersey & The New Jersey Commission on Cancer Research

May 23, 2013 at UMDNJ-RWJMS
675 Hoes Lane
Piscataway, NJ

Abstract Submission and Registration

Visit:
www.njcancerretreat.org

Online Abstract Submission
Opens: January 3, 2013; Closes: March 28, 2013
PLEASE REVIEW THE ONLINE TUTORIAL OR FAQ SECTION BEFORE SUBMITTING YOUR ABSTRACTS

Online Registration
Opens: January 3, 2013, Closes: May 16, 2013.

7. GSBS "Academic Forms"

Attention All Students:
Please visit the GSBS "Academic Forms" link <http://rwjms.umdj.edu/education/gsbs/current/forms.html> and make sure you download the required most current form whenever needed.

Anyone who submits an outdated form will be asked to complete and obtain all required signatures again on the most current form.