



H.I.P.H.O.P. Presents
24th Annual 5k Fun Run-Walk
(Hybrid Event)
Sunday, November 5, 2023
9:30 am

(Day of Registration begins at 8:30 am)

In the event of inclement weather and/or the in-person run/walk is cancelled, all participants are asked complete the event "virtually" by DEADLINE (no refunds)

Join us onsite at Johnson Park or participate at your convenience in your environment of choice

Registration Rate: \$35.00

INDIVIDUAL RATE: \$30 BEFORE 09/12/2023 \$35 on/after 9/12/2023

TEAM RATE: \$25/PERSON FOR TEAMS OF 6+ (NO TEAMS AFTER 9/12/2023)

First 100 registrants get a free t-shirt

Additional registrants will get finisher medals

Optional Shipping Rate: \$15:00 (t-shirt and/or medal)

Register online: https://runsignup.com/Race/NJ/Piscataway/HIPHOP5k Donations: give.rutgers.edu/hiphop5k

For more information call: (732)-235-4198 Email: susan.giordano@rwjms.rutgers.edu or uz14@rwjms.rutgers.edu

Mail form and entry fee: Attn: Susan Giordano/HIPHOP Program Director, Rutgers Robert Wood Johnson Medical School, 675 Hoes Lane, N115 & N116, Piscataway, NJ 08854.

Make checks payable to: Rutgers University Foundation - HIPHOP 5K

Virtual participants: Print bibs when registering on RunSignUp, pick up t-shirt and/or medal at Rutgers RWJMS, 675 Hoes Lane W, Room N115, Piscataway, NJ 08854 on the following days/times November 2, and November 3, 2023 from 2pm-5pm (only). On-site participants: Pick up bibs, t-shirts and/or medals in person the day of the run/walk at Johnson Park

All proceeds go towards the Homeless and Indigent Populations Health Outreach Project (HIPHOP) Community Health Initiative, Promise Clinic, Asylum Clinic, and community sites committed to underserved populations, and community outreach events and initiatives.

WAIVER: I, the undersigned, know that running is a potentially hazardous activity. I should not enter unless I am medically able. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running in this event, including but not limited to falls, contact with other runners, the effects of the weather, including high heat and humidity, traffic, and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of my entry, I for myself and anyone entitled to act on my behalf, waive and release Rutgers, The State University of New Jersey, the township of Piscataway, and all of their liabilities of any kind arising out of my participation in this event even though liability may arise out of negligence or carelessness arising on the part of the persons named in this waiver.

Name Phone

Address City, State, Zip

Race Day Age T-shirt size: (circle one) Small Medium Large X-large Where did you hear about this event?

Team Name Email

Please check here if you would like to be omitted from running.com email update

Gender Male Female Non-Binary Prefer not to say Participant: Virtual In-Person

Signature of participants

Date

Signature of parent/guardian (if under 18 years of age)

Date