



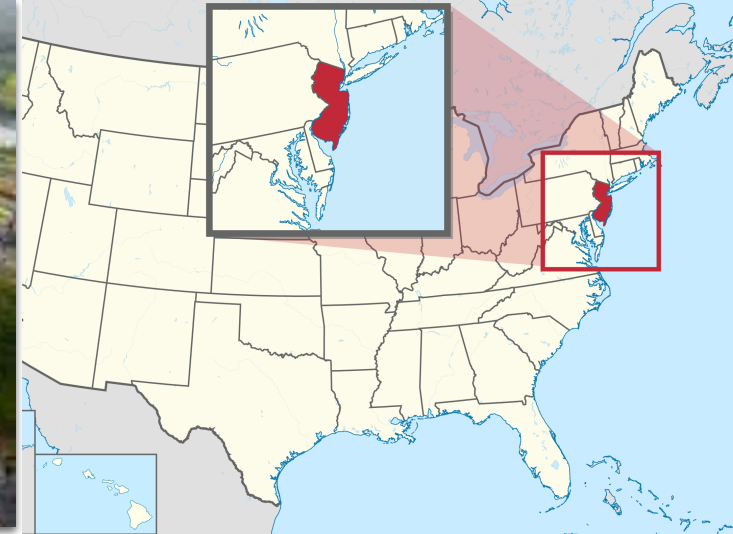
Rutgers University Clinical Study Abroad

Kai Okubo

Fukui University

- Location: New Brunswick, New Jersey, United States
- Duration: May 1st - May 26th (Travel period: April 27th - May 29th)
- Temperature: Transition from winter to summer (May 2nd  13°C/7°C) → (May 12th  31°C/18°C)
- Cost: Approximately 300,000 to 400,000 yen (excluding entertainment expenses) (*Scholarships and financial support available. Actual cost: ?? yen)
- *The credits earned during the internship can be equivalent to clinical internship credits in Japan.

New Brunswick



- approximately a 1-hour train ride from New York City
- Sister city relationship with Fukui City
- population of 55,181 people (as of 2010)
- Johnson & Johnson, a renowned pharmaceutical company, has a presence in the area.



How many siblings the founders of Johnson & Johnson had?

A) One

B) Two

C) Three



Robert Wood Johnson, James Wood Johnson and Edward Mead Johnson

First Half: About Clinical Internship

Second Half: About Study Abroad Life

First Half: About Clinical Internship

Second Half: About Study Abroad Life

Internship Schedule

日	月	火	水	木	金	土	
30	1	2	3 憲法記念日	4 みどりの日	5 こどもの日	6	
7	8	Family Medicine				12	13
14	15	Cardiothoracic surgery				19	20
21	22					26	27
28	29	30	31	1	2	3	



Family Medicine at Monument Square



Robert Wood Johnson University Hospital(RWJUH)

First Half: Family Medicine

	Mon	Tue	Wed	Thu	Fri
Week 1	5/1	5/2	5/3	5/4	5/5
8AM-12 noon	Net ID – Dr. Gitau 303 George St. New Brunswick		Network Grand Rounds 8:30a-9:30a (link will be provided)		Dr. Komal Bhatt FMMS 317 George St. New Brunswick
1-5 PM	Dr. Annie Truss FMMS 317 George St. New Brunswick		Dr. Annie Truss FMMS 317 George St New Brunswick	Dr. Komal Bhatt FMMS 317 George St. New Brunswick	Dr. Annie Truss FMMS 317 George St. New Brunswick
Week 2	5/8	5/9	5/10	5/11	5/12
8AM-12 noon		10-11 am FM Clinical partners meeting 303 George St. 6 th floor	Pinals Paul Lanken, MD In Person – ClinicalAcademicBuilding 1302	12-1 pm, Long-term Support & Services: Appropriate Transitions of Care Across the Lifespan	Write weekly reflection and submit to Drs. Truss, Bhatt and Song, Lin
1-5 PM	Dr. Komal Bhatt preceptor Rm121 317 George St.		Dr. Michael Song FMMS 317 George St.	Dr. Michael Song FMMS 317 George St.	Dr. Michael Song FMMS 317 George St.

 Outpatient Clinic Rotation

First Half: Family Medicine - Outpatient Clinic Rotation

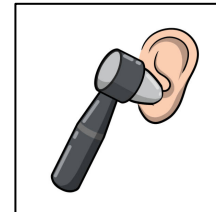
Outpatient Clinic Rotation (Dr. Truss, Dr. Bhatt, Dr. Song)

- In the examination rooms, pop music is playing, and there are many pictures displayed.
- Patients are waiting in the examination rooms, and the doctors make their visits.
- The doctors wear casual clothes during the consultations.
- At the end of the consultation, they provide Patient Instructions.



First Half: Family Medicine - Outpatient Clinic Rotation

- Out of 15 residents, 14 are female.
- Interpreters, user-friendly electronic medical records, and voice input are available.
- Patients include those without insurance, larger-sized patients, and those receiving contraceptive implant insertion, among others, representing a diverse range.



Family Medicine - Other Experiences

- Preceptor
- HIPHOP Clinic
- Grand Rounds
- FM Clinical partners meeting
- Online meetings



HIPHOP Promise Clinic



Second Half: Cardiothoracic Surgery (7 days)

Cardiothoracic Surgery (Dr. Ikegami, Dr. Sunagawa, Dr. Takebe)

- Surgeries (CABG and others), Ward, ICU, Outpatient Clinic, Conferences
- Is this... Japan??
- There are many cases of CABG (Coronary Artery Bypass Grafting) surgeries
- Thanks to the Nurse Practitioners (NP) and others, the number of surgeries here is remarkable compared to Japan!
- If fortunate, we might even witness a heart transplant



Second Half: Neurosurgery (1 day) and Pathology (2 days)

Neurosurgery (Dr. Nagahama)

- Cerebellar Tumor Resection with Residents
- Meeting at 6 a.m.!
- Residents seem to have a tough schedule... feels like Grey's Anatomy world

Pathology Department (Dr. Matsuda)

- Diagnostic Pathology, Seminars, with Residents
- Many International Medical Graduate (IMG) residents. Looks enjoyable.





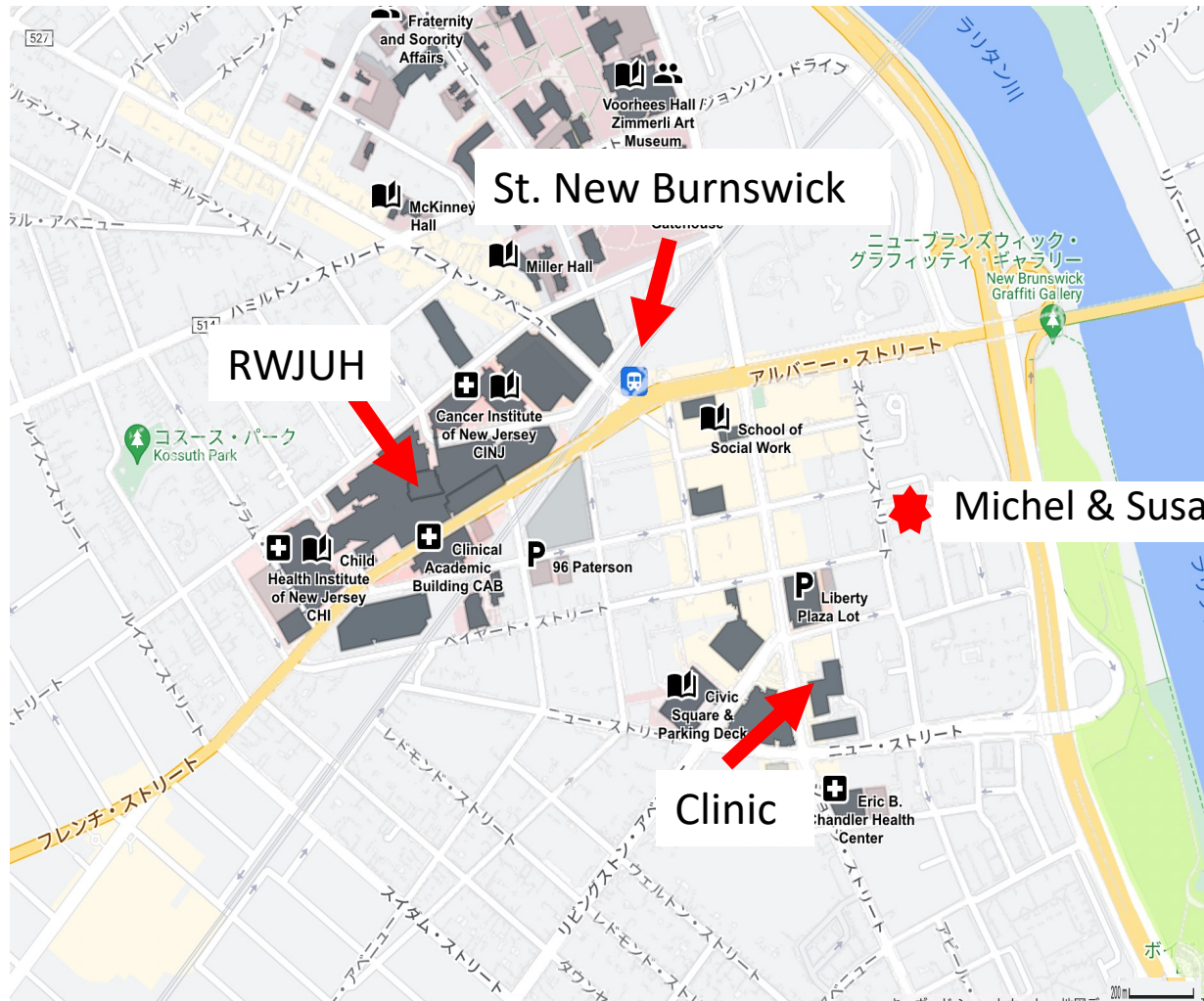
Summary of the Internship Experience

- The first half of the internship in Family Medicine provided an immersive English-speaking environment.
- In the second half of the internship, the environment underwent significant changes, requiring a realignment of goals.
- Positive aspects: The clarity and resolution towards clinical study abroad programs greatly increased!

First Half: About Clinical Internship

Second Half: About Study Abroad Life

Host Family







Not just Taro Kusakabe!

Food



Interaction with students





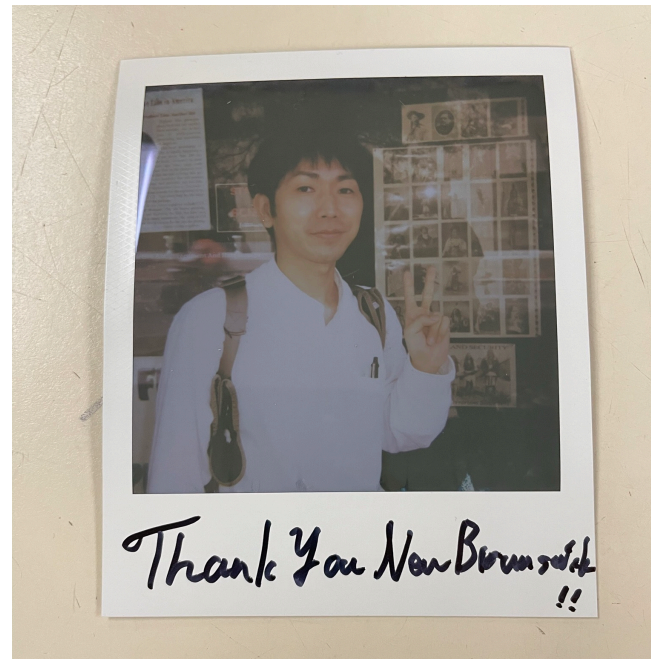
Jazz@NewBrunswick



Message to next candidate:

Having the opportunity to witness clinical study abroad role models up close is a valuable experience.

It is definitely enjoyable, so if you are unsure about studying abroad, I encourage you to take the challenge without hesitation!



Acknowledgements

I would like to express my gratitude to Professor Abe, Professor Naiki, Professor Sada, and Professor Fujiwara, as well as many other teachers. In particular, I received guidance from Professor Abe and Professor Fujiwara from the application stage, learning the fundamentals of document creation.

I would also like to thank Ms. Masuda and Ms. Saiki from the International Affairs Office, who maintained close communication with me from the application stage to my return home. They assisted me with the complicated paperwork procedures, and thanks to their support, I was able to successfully complete the internship.

During the Family Medicine internship, I received kind guidance from Prof. Lin, Dr. Gitau, Dr. Truss, Dr. Bhatt, Dr. Song, and many other staff members. It allowed me to directly experience the differences between medical practices in the US and Japan.

In the Cardiothoracic Surgery internship, I was taken care of by Dr. Ikegami, Dr. Sunagawa, Dr. Takebe, as well as Dr. Nagahama from the Neurosurgery department, Dr. Matsuda from the Pathology department, and the staff members. I learned a great deal from the attitudes of the doctors who are active in the United States.

I would like to express my special appreciation to my host family, Michael and Susan, who took care of me for a month. Through our shared love for jazz, they connected me with many people and provided me with an extraordinary month that I could not have experienced elsewhere.

Thanks to the support of many people, I was able to fully enjoy my short one-month study abroad experience. Thank you very much to everyone involved.