Rutgers University Clinical Study Abroad

Kai Okubo
Fukui University
• Location: New Brunswick, New Jersey, United States
• Duration: May 1st - May 26th (Travel period: April 27th - May 29th)
• Temperature: Transition from winter to summer (May 2nd ☂️ 13°C/7°C) → (May 12th ☀️ 31°C/18°C)
• Cost: Approximately 300,000 to 400,000 yen (excluding entertainment expenses) (*Scholarships and financial support available. Actual cost: ?? yen)
• *The credits earned during the internship can be equivalent to clinical internship credits in Japan.
New Brunswick

- approximately a 1-hour train ride from New York City
- Sister city relationship with Fukui City
- population of 55,181 people (as of 2010)
- Johnson & Johnson, a renowned pharmaceutical company, has a presence in the area.
How many siblings the founders of Johnson & Johnson had?

A) One

B) Two

C) Three

Robert Wood Johnson, James Wood Johnson and Edward Mead Johnson

First Half: About Clinical Internship
Second Half: About Study Abroad Life
First Half: About Clinical Internship

Second Half: About Study Abroad Life
Internship Schedule

2023

5月

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<th>日</th>
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<th>火</th>
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Family Medicine

Cardiothoracic surgery

Family Medicine at Monument Square

Robert Wood Johnson University Hospital(RWJUH)
## First Half: Family Medicine

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<th>Time</th>
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<td>Week 1</td>
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<td>8AM-12 noon</td>
<td>Net ID – Dr. Gitau 303 George St. New Brunswick</td>
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<td>Network Grand Rounds 8:30a-9:30a (link will be provided)</td>
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<td>Dr. Komal Bhatt FMMS 317 George St. New Brunswick</td>
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<td>1-5 PM</td>
<td>Dr. Annie Truss FMMS 317 George St. New Brunswick</td>
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<td>Dr. Annie Truss FMMS 317 George St. New Brunswick</td>
<td>Dr. Komal Bhatt FMMS 317 George St. New Brunswick</td>
<td>Dr. Annie Truss FMMS 317 George St. New Brunswick</td>
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<td>Week 2</td>
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<td>8AM-12 noon</td>
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<td>10-11 am FM Clinical partners meeting 303 George St. 6th floor</td>
<td>Pinals</td>
<td>Paul Lanken, MD In Person – ClinicalAcademicBuilding 1302</td>
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<td>1-5 PM</td>
<td>Dr. Komal Bhatt preceptor Rm121 317 George St.</td>
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<td>Dr. Michael Song FMMS 317 George St.</td>
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**Outpatient Clinic Rotation**
Outpatient Clinic Rotation (Dr. Truss, Dr. Bhatt, Dr. Song)

- In the examination rooms, pop music is playing, and there are many pictures displayed.

- Patients are waiting in the examination rooms, and the doctors make their visits.

- The doctors wear casual clothes during the consultations.

- At the end of the consultation, they provide Patient Instructions.
First Half: Family Medicine - Outpatient Clinic Rotation

• Out of 15 residents, 14 are female.

• Interpreters, user-friendly electronic medical records, and voice input are available.

• Patients include those without insurance, larger-sized patients, and those receiving contraceptive implant insertion, among others, representing a diverse range.
Family Medicine
- Other Experiences

- Preceptor
- HIPHOP Clinic
- Grand Rounds
- FM Clinical partners meeting
- Online meetings
Second Half: Cardiothoracic Surgery (7 days)

Cardiothoracic Surgery (Dr. Ikegami, Dr. Sunagawa, Dr. Takebe)

• Surgeries (CABG and others), Ward, ICU, Outpatient Clinic, Conferences
• Is this... Japan??
• There are many cases of CABG (Coronary Artery Bypass Grafting) surgeries
• Thanks to the Nurse Practitioners (NP) and others, the number of surgeries here is remarkable compared to Japan!
• If fortunate, we might even witness a heart transplant
Second Half: Neurosurgery (1 day) and Pathology (2 days)

Neurosurgery (Dr. Nagahama)
- Cerebellar Tumor Resection with Residents
- Meeting at 6 a.m.!
- Residents seem to have a tough schedule... feels like Grey's Anatomy world

Pathology Department (Dr. Matsuda)
- Diagnostic Pathology, Seminars, with Residents
- Many International Medical Graduate (IMG) residents. Looks enjoyable.
Summary of the Internship Experience

• The first half of the internship in Family Medicine provided an immersive English-speaking environment.

• In the second half of the internship, the environment underwent significant changes, requiring a realignment of goals.

• Positive aspects: The clarity and resolution towards clinical study abroad programs greatly increased!
First Half: About Clinical Internship

Second Half: About Study Abroad Life
Not just Taro Kusakabe!
Food
Interaction with students
Message to next candidate:

Having the opportunity to witness clinical study abroad role models up close is a valuable experience.

It is definitely enjoyable, so if you are unsure about studying abroad, I encourage you to take the challenge without hesitation!
I would like to express my gratitude to Professor Abe, Professor Naiki, Professor Sada, and Professor Fujiwara, as well as many other teachers. In particular, I received guidance from Professor Abe and Professor Fujiwara from the application stage, learning the fundamentals of document creation.

I would also like to thank Ms. Masuda and Ms. Saiki from the International Affairs Office, who maintained close communication with me from the application stage to my return home. They assisted me with the complicated paperwork procedures, and thanks to their support, I was able to successfully complete the internship.

During the Family Medicine internship, I received kind guidance from Prof. Lin, Dr. Gitau, Dr. Truss, Dr. Bhatt, Dr. Song, and many other staff members. It allowed me to directly experience the differences between medical practices in the US and Japan.

In the Cardiothoracic Surgery internship, I was taken care of by Dr. Ikegami, Dr. Sunagawa, Dr. Takebe, as well as Dr. Nagahama from the Neurosurgery department, Dr. Matsuda from the Pathology department, and the staff members. I learned a great deal from the attitudes of the doctors who are active in the United States.

I would like to express my special appreciation to my host family, Michael and Susan, who took care of me for a month. Through our shared love for jazz, they connected me with many people and provided me with an extraordinary month that I could not have experienced elsewhere.

Thanks to the support of many people, I was able to fully enjoy my short one-month study abroad experience. Thank you very much to everyone involved.