

EVIDENCE-BASED PRACTICE GUIDELINES
for pediatric patients with
CANCER and FEVER and NEUTROPENIA
in the Emergency Department or Hematology-Oncology Clinic

INCLUSION CRITERIA (*All of the following*):

- Receiving treatment for cancer (within the preceding 12 months) or any time post stem cell transplantation
- Temperature (taken by any method) $\geq 100.4^{\circ}\text{F}$ ($>38^{\circ}\text{C}$) within the preceding 24 hrs **OR** Clinical concern for sepsis, pneumonia or meningitis, regardless of temperature
- Absolute Neutrophil Count (ANC) known or suspected to be $<1000/\mu\text{L}$

INITIAL APPROACH:

1. Expedited Triage process:

- Clinical assessment
- Vitals including temperature and pulse oximetry. Note: No rectal temperatures.

2. STAT Collection:

- CBC with manual differential
- History (esp. last chemotherapy or radiation therapy, central line, new symptoms)
- Physical Examination (esp. lungs, abdomen, skin, perirectal area)
- Blood culture (at least 3mL from each lumen of central line; use Adult culture bottles for patients weighing $\geq 40\text{kg}$). Collect peripheral blood culture if unable to obtain adequate volume from central line.
- Draw/hold tubes for type/cross, biochemistries, CRP if possible, without 2nd needle stick
- Urinalysis and culture only if clinically indicated
- CXR (PA+lateral) only for active cough or lung findings on examination.
- Stool for *C. difficile*, if diarrhea is present

3. Frequent vital signs, as directed by level of illness

4. Notify Pediatric Hematology attending or NP immediately if changes in VS or deteriorating consciousness level

5. Administer antibiotics within 1 hour of arrival; do not wait for laboratory results.

- If ANC >100 or unknown: Ceftriaxone 50 mg /kg IV (per weight-based dosing Table 5, page 5)
- If ANC <100 : Cefepime 50 mg/kg/dose (Maximum 2000 mg/dose) every 8 hours
- if allergic to cephalosporins, consider Levofloxacin (per age and weight-based dosing Table 6, page5)
- if allergic to cephalosporins, but without anaphylaxis, consider Ampicillin 100 mg/kg/dose q6 hours (Max 2000mg/dose)

6. Risk-based Disposition (See Table 1, page 2)

Table 1. DISPOSITION by RISK CATEGORY

Note: Presence of a central venous catheter is NOT considered an automatic indication for hospital admission.

| HIGH RISK (any High Risk features, Table 2) | LOW RISK (all others) |
|--|--|
| <ul style="list-style-type: none"> • Admit to Pediatric Hematology Oncology Service • See Inpatient Management Guidelines (Table 3) | <ul style="list-style-type: none"> • Arrange follow up for re-evaluation in 12 to 24 hours • Observe 1-2 hours post antibiotics • Discharge to home • See Outpatient Management Guidelines (Table 4) |

Table 2. High Risk Criteria -- ANY of the following:

History

- Toxic appearing, rigors, severe abdominal pain, or clinically unstable
- Age < 12 months
- Persistent fever >72 hours despite outpatient antibiotic management
- Acute Leukemia (i.e. AML or ALL), not in remission (e.g still in Induction phase or in active relapse).
- Stem cell transplantation within the past 12 months, OR on treatment for chronic Graft vs Host Disease (GvHD)
- Concurrent organ dysfunction (e.g pancreatitis) or comorbidity (e.g. uncontrolled diabetes)
- Conditions preceding cancer diagnosis with increased risk of severe infection (e.g. Trisomy 21, immunodeficiency)
- Mucositis interfering with oral intake
- Systemic corticosteroid course > 10 days in the past month
- Currently enrolled on Phase 1 clinical trial, with treatment < 30 days prior to presentation

Physical Examination

- Temperature > 103°F (≥ 39.5°C)
- Evidence of significant localized infection (tunnel catheter infection, perirectal abscess, cellulitis)

Laboratory Parameters

- Absolute neutrophil count < 100/μL
- Anticipated duration of neutropenia ≥ 7 days
- Platelets < 10K/μL
- Hemoglobin < 5gm/dL

Social Factors raising concerns about ability to follow up within 24 hours

- Prolonged delay (e.g. > 12 hours) in initial contact and/or seeking medical care after the onset of fever
- No phone
- Uncertain transportation, including excessive distance from hospital
- Frequent missed appointments
- Prior nonadherence with medical advice

Table 3. Suggested Inpatient Management Guidelines:

1. Initial Management

- Admit to Pediatric Oncology Service
- Continue IV Cefepime 50mg/kg/dose (maximum 2000 mg/dose) q8H.
- Daily evaluation of symptoms and physical findings
- Monitor blood counts for ANC recovery
- Daily Blood culture while febrile for up to the first 3 days of fever
- Acetaminophen may be administered for fever, *if the patient is uncomfortable due to fever.*

2. Re-evaluate antimicrobial coverage

- Adjust antimicrobial coverage for any positive cultures
- Consider Vancomycin for patients with expected gram positive infection (20 mg/kg/dose, maximum 1000 mg/dose, q6H)
- Consider adding an aminoglycoside for double gram negative coverage if hemodynamically unstable (e.g. gentamicin 7.5 mg/kg/dose q24H)
- Consider piperacillin/tazobactam for suspected perirectal abscess or typhlitis (75 mg of piperacillin /kg/dose; max 3000 mg piperacillin/dose; q6H).
- Consider metronidazole for suspected perirectal abscess or typhlitis (10 mg/kg/dose, maximum 500 mg/dose, q8H).
- Consider micafungin for patients with known prior fungal infection or severe mucositis (2 mg/kg/dose; maximum 100 mg; q24H)
- Consider stopping vancomycin and/or aminoglycoside after 48 hours, if afebrile and clinically stable with negative blood cultures

3. Management of persistent fever (>3-5 days) or Recurrent fever after 3 days of antibiotics

- Thorough reevaluation including history and physical examination
- Repeat blood culture, with fungal cultures if fever is recurrent (new fever after 24 hours afebrile).
- Consider fungal assays (T2 assay for candida; fungitell)
- Start empiric antifungal therapy (e.g. liposomal amphotericin 3-5 mg/kg/dose IV q24h or micafungin 2 mg/kg/dose, max 100 mg, q24h)
- Consider imaging studies for occult infection:
 - CT Chest abdomen and pelvis
 - CT sinuses if symptoms or physical findings suggest sinusitis
 - CT head if mental status changes
 - Echocardiogram
- Consider Lumbar puncture for symptoms or signs of meningitis
- Consider Ophthalmology evaluation, looking for fungal infection

4. Discharge criteria

- Afebrile > 24 hours
- ANC \geq 150 / μ L and rising
- No signs of active infection
- No positive blood cultures
- Clinically well-appearing

Table 4. Suggested Outpatient Management Guidelines:

Day 2 re-evaluation: History and Physical Examination. CBC, diff, and blood cultures *if febrile*.

- If any High Risk features (see Table 2) are present, ADMIT.
- If ANC < 500/ μ L, give second dose of antibiotics, *even if afebrile*; arrange for Day 3 follow up visit.
- If ANC \geq 500/ μ L:
 - If fever has continued > 12 hours after first dose, give second dose of antibiotics; arrange Day 3 follow up visit.
 - If afebrile, encourage family to call if fever recurs; return at next scheduled visit.

Day 3 re-evaluation: History and Physical Examination. CBC, diff, and blood cultures *if febrile*.

- If any High Risk features (see Table 2) are present, ADMIT.
- If ANC < 500/ μ L, give third dose of antibiotics, *even if afebrile*.
 - Encourage family to call if fever recurs
 - Follow-up at next scheduled visit
- If ANC \geq 500/ μ L:
 - If fever has continued > 12 hours after second dose, give third dose of antibiotics.
 - If afebrile, encourage family to call if fever recurs; return at next scheduled visit.

Day 4:

- If any High Risk features (see Table 2) are present, ADMIT.
- If fever has persisted > 72 hours, ADMIT.

Table 5. Ceftriaxone Dosing Table

Typical dosing is 50-75 mg/kg given IV or IM once daily.

| Patient Weight | Recommended Ceftriaxone Dose |
|-----------------------|-------------------------------------|
| < 15kg | 50 mg/kg/dose, once daily |
| 15kg to 20kg | 1000 mg, once daily |
| > 20kg to < 30 kg | 1500 mg, once daily |
| ≥ 30kg | 2000 mg, once daily |

Table 6. Levofloxacin Dosing Table

Typical dosing is 8-10mg/kg/dose, IV or PO, given once daily for children ≥ 5 years old, twice daily for children < 5 years old.

| Patient Age | Weight | Recommended Levofloxacin Dose |
|--------------------|----------------|--------------------------------------|
| < 5 years | < 47 kg | 8 mg/kg/dose, twice daily |
| | ≥ 47 kg | 375 mg/dose, twice daily |
| ≥ 5 years | < 50 kg | 8 mg/kg/dose, once daily |
| | 50 kg to 64 kg | 500 mg daily |
| | ≥ 64 kg | 750 mg daily |

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