



R U in pain?

If so, you're not alone. One in five American adults have chronic pain, and 8 percent had pain that was severe enough to frequently limit life or work activities, according to a recent study by the Centers for Disease Control and Prevention.

As one of the most comprehensive pain treatment facilities in the region, the Pain Medicine Group at Rutgers Health and RWJBarnabas Health is on call to help treat a range of post-operative, medical and oncologic pain conditions.

Each year, our expert pain management clinicians care for more than 8,500 medical, surgical, obstetrical and pediatric inpatients, and an additional 2,000 outpatients. And now, we're expanding our reach, so you can receive care in even more convenient outpatient locations.



Interventional Pain Management
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Interventional Pain Management



Chronic pain is the most common cause of long-term disability and is cited as the most common reason Americans access the health care system.



Our practice focuses on comprehensive, interventional approaches to pain relief, in close association with your doctor. Our specialists are active in teaching and research, and each brings leading-edge knowledge from the classroom to the exam room.



Interventional Pain Specialists

We offer diagnosis and treatment for acute, chronic and cancer pain problems. We evaluate and treat back, neuropathic and myofascial pain. Dr. Patel also specializes in pelvic pain and women's health conditions, as well as lifestyle medicine counseling. Interventional pain procedures offered include:

- Nerve blocks
- Pelvic floor trigger point injections
- Spinal Cord Stimulation therapy for chronic pain syndrome
- Radiofrequency thermal lesioning for the treatment of facet hypertrophy
- Management of Chronic Regional Pain Syndromes (CRPS) and sympathetic pains
- Epidural block therapy for relief of pain associated with disc degeneration
- Vertebral Body Augmentation (Kyphoplasty) for vertebral fractures
- Intrathecal Infusion Systems for chronic and cancer-related pain
- Botox injections for headaches and myofascial pain syndrome
- Minimally invasive ligamentum flavum decompression (MILD) for lumbar spinal stenosis
- Medication management for chronic painful conditions, including non-narcotic substitution and methadone maintenance

We also offer comprehensive Lifestyle Medicine Counseling.



For more information, call 732-235-PAIN.