## Celebrating Internal Medicine Day at Rutgers Robert Wood Johnson Medical School

November 7, 2025 New Brunswick, N.J. Yanel Rivera

The Department of Medicine at Rutgers Robert Wood Johnson Medical School, in collaboration with Robert Wood Johnson University Hospital (RWJUH), an RWJBarnabas Health Medical Group, celebrated Internal Medicine Day on Friday, November 7, to appreciate the physicians who serve as the cornerstones of adult healthcare.

The event brought together faculty, fellows, residents, and staff for moments of connection, reflection, and appreciation. The day began with morning coffee and bagels and continued during lunch with discussions that focused on the enduring value of internal medicine in advancing patient care.

## **Recognizing the Bedrock of Adult Medicine**

Internal Medicine Physicians (Internists) are often referred to as "doctors' doctors" for their diagnostic expertise and holistic approach to patient care. They provide a comprehensive range of medical services for adults, including preventive treatments and solutions for managing chronic conditions. Internists are also identified as hospitalists, intensive care providers, and consultants. In outpatient settings, they are known for primary and subspeciality of care.

The field of internal medicine encompasses a wide range of subspecialties including cardiology, endocrinology, infectious disease, rheumatology, nephrology, hematology, oncology, gastroenterology, geriatrics, and pulmonology. With such a large number of potential specializations, internists comprise a bedrock-like foundation in patient care.

## **Inspiring Reflections from Rutgers Leaders**

The program on Friday, featured remarks from Jeanne M. Clark, MD, MPH, Henry Rutgers Chair of the Department of Medicine, Dean Amy P. Murtha, MD, Alan Lee, president of RWJUH, and Michael Prilutsky, executive vice president, and chief executive officer of the medical group at RWJBarnabas.

Dr. Clark's comments echoed the philosophy of Sir William Osler, known as the "Father of Modern Medicine", who emphasized the art and humanity of the profession "Even in the era of incredible medical advances and AI", said Dr. Clark, "I have no doubt that the crucial role of the internist as healer, innovator, and leader will continue to stand the test of time and remain incredibly valuable to our patients and to society."

## **Continuing a Tradition of Excellence**

As the medical school continues to advance discovery, education, and clinical excellence, we are proud to honor the internists who embody the best of academic medicine — and whose commitment to their patients remains at the heart of all we do. To learn more about the field of internal medicine and what makes it unique, visit the <u>American College of Physicians</u>.