

Rutgers General Surgery Training Tracks

New for the entering class of 2026-2027 Application Cycle:

The Rutgers Health Robert Wood Johnson General Surgery Residency now offers two distinct training tracks. Both lead to board-eligibility through an ACGME-accredited program under a single institutional umbrella, and applicants may apply to and rank each track separately.

Clinician-Scientist Track

Residents on this pathway complete three years of clinical training, transition to dedicated professional development and research years, then return for the final two years of clinical training. This track is designed for surgeons intending to spend additional career development years during residency to pursue research or additional degrees and will match six of the eight categorical positions. Residents spend the majority of their clinical time at Robert Wood Johnson University Hospital while also rotating through our other clinical sites.

Professional Practice Track

Residents on this pathway complete five years of continuous clinical training, with added emphasis on clinical practice. This track is designed for surgeons pursuing independent practice and will match two of the eight categorical positions. Residents spend the majority of their clinical time at Monmouth Medical Center, with rotations at Robert Wood Johnson University Hospital. Residents in this track will be encouraged to participate in research concurrently with their clinical training.

Both tracks share the same high-volume operative experience and faculty that define our program. The Professional Practice Track is new beginning with the 2027-2028 intern class.

Comparison of the Clinical Rotations in the two tracks (clinical calendar is scheduled in 4-week blocks)

Professional Practice Track

PGY1

Robert Wood Johnson		Monmouth	
Block	Rotation	Block	Rotation
1	Trauma	2	Team A
1	EGS	2	Team B
1	Surg Onc	2	Team C
1	Peds		
1	Colorectal		
1	Transplant		
1	Nights		
7	Total	6	Total

PGY2

Robert Wood Johnson		Monmouth	
Block	Rotation	Block	Rotation
2	SICU	3.5	Team A
1	Consult Day	3.5	Team B
1	Consult Night		Team C
1	Thoracic		
1	Colorectal		
6	Total	7	Total

Clinical Scholar Track

PGY1

Robert Wood Johnson		MMC-SPUH-PMC	
Block	Rotation	Block	Rotation
1	Trauma	1	MMC-A
1	EGS	1	MMC-B
1	Surg Onc	1	MMC-C
1	Peds	1.5	SPUH
1	Colorectal	1.5	PMC
1	Transplant		
1	Nights		
7	Total	6	Total

PGY2

Robert Wood Johnson		MMC-SPUH-PMC	
Block	Rotation	Block	Rotation
2	SICU	1	MMC-A
1	Consult Day	1	MMC-B
1	Consult Night		MMC-C
1	Thoracic	2	SPUH
2	Colorectal	2	PMC
7	Total	6	Total

PGY3

Robert Wood Johnson		Monmouth	
Block	Rotation	Block	Rotation
1	Gen Surg	4	Team A
1	EGS	0	Team B
1	Night (2535)	4	Team C
1	Vascular		
1	elective		
5	Total	8	Total

PGY3

Robert Wood Johnson		MMC-SPUH-PMC	
Block	Rotation	Block	Rotation
2	Gen Surg		MMC-A
2	EGS		MMC-B
2	Night (2535)	1	MMC-C
1	Vascular	2	SPUH
1	elective	2	PMC
8	Total	5	Total

PGY4

Robert Wood Johnson		Monmouth	
Block	Rotation	Block	Rotation
1	BES	0	Team A
1	Transplant	0	Team B
1	Surg Onc	6	Team C
1	Trauma		
1	Colorectal		
1	Night Chief		
1	Peds		
7	Total	6	Total

PGY4

Robert Wood Johnson		MMC-SPUH-PMC	
Block	Rotation	Block	Rotation
1	BES		MMC-A
1	Transplant		MMC-B
1	Surg Onc		MMC-C
1	Trauma	2	SPUH
2	Colorectal	2	PMC
1	Night Chief		
1	Peds		
0.5	ANY	0.5	ANY
8.5	Total	4.5	Total

PGY5

Robert Wood Johnson		Monmouth	
Block	Rotation	Block	Rotation
		6.5	Team A
		6.5	Team B
		0	Team C
0	Total	13	Total

PGY5

Robert Wood Johnson		MMC-SPUH-PMC	
Block	Rotation	Block	Rotation
2	Gen Surg		MMC-A
2	EGS		MMC-B
1	Nights Chief		MMC-C
1	Peds	2	SPUH
1	Surg Onc	2	PMC
1	BES		
0.5	ANY	0.5	ANY
8.5	Total	4.5	Total