

Fourth-Year Elective Title		Course Number	Location
Inpatient Geriatric Consult Service		MED-9068A	Robert Wood Johnson University Hospital
Elective Director Karthik Kota	Elective Faculty Karthik Kota Ibiyonu Lawrence Saritha Mathew Sidrah Rafiq	Elective Contact Karthik Kota, 125 Paterson Street, Suite 2300, New Brunswick, NJ 08901	Contact Info Ph: 732-235-7112 Fax: 732-235-7114 Email: Karthik.kota@rutgers.edu
Blocks Available All blocks	Duration/Weeks Min: 2 Max: 2	Hours per Week 40	Students Max: 1-2 students
Lectures/Seminars Brief lectures	Outpatient No	Inpatient Yes	House Staff Some weeks
Night Call No	Weekends No	Lab No	Exam Required No

Overall Educational Goal of Elective: To provide medical students with comprehensive exposure and comfort in the inpatient medical care of older adults. Students will learn to successfully perform inpatient geriatric consults and effectively coordinate within an interdisciplinary team (IDT). The elective emphasizes the application of the 5Ms criteria (Mind, Mobility, Medications, Multi-complexity, Matters Most) to manage clinical complexity and prioritize functional outcomes for hospitalized older patients.

Objectives:

I. Patient care:

- Complete comprehensive geriatric assessments of new patients, focusing particularly on a plan of care that emphasizes functional status.
- Improve expertise with geriatric assessment tools (e.g., MoCA, Fried's Frailty Index, etc.).
- Demonstrate timely follow-up of diagnostic test results and notification of the same to decision-makers (patient and/or family).
- Appropriately utilize medications across a spectrum of use (initiation, modification, and discontinuation) in older adults.

II. Medical knowledge:

- Differentiate normal aging versus pathologic changes of disease.
- Demonstrate knowledge of the etiology, evaluation, and management of common geriatric syndromes and diseases commonly associated with aging including but not limited to: falls and functional impairments; cognitive impairment, dementia, depression, anxiety; acute and chronic pain; polypharmacy/deprescribing/appropriate prescribing; sensory impairment; malnutrition; pressure ulcers; elder neglect/abuse; and common medical conditions in older adults such as CHF, CAD, PVD, DM, arthritis, osteoporosis, arrhythmias.
- Understand the spectrum of care for older adults and the variety of practitioners involved in them.

III. Practice-based learning and improvement:

- Practice evidence-based medicine in the care of older adults in the inpatient setting.
- Appropriately and effectively utilize web-based resources to research topics relevant to patient care.

IV. Interpersonal and communication skills:

- Communicate in a timely and effective manner with patient and family members in response to questions.
- Communicate in a timely and effective manner with the primary medical team regarding recommendations and clinical questions.
- Write a concise consult note detailing the findings and recommendations for the plan of care.
- Conduct family meetings with the attending Geriatrician when necessary.

V. Professionalism:

- Demonstrate and model professional and respectful interactions with patients, caregivers, and interdisciplinary team members.

VI. Systems-based Practice:

- Learn and gain familiarity with usual community resources for older adults in the community.
- Explicate when and how to efficiently and effectively use consultations.
- Practice cost-effective medicine.
- Know the continuum of advanced care planning as it relates to inpatient geriatric medicine (including the role of guardians, adult protective services, and power of attorney).

Brief Description of Activities:

The medical student will spend 2 weeks on the inpatient consult service performing consults with an attending Geriatrician from Monday to Friday, 8:30 AM to 5:00 PM at Robert Wood Johnson University Hospital. The student will take on 1-2 new patients per day as appropriate, and carry up to 3 patients per day in week 1, and 4 patients per day in week 2. Students will actively engage in interdisciplinary team (IDT) coordination with nursing, physical/occupational therapy, social work, and

case management. They will also participate in scheduled Thursday morning didactics and review designated age-friendly health systems literature (e.g., AGS Choosing Wisely).

Method of Student Evaluation:

Competency-based evaluation conducted by the attending Geriatrician through direct clinical observation, case presentations, and comprehensive chart/consult note reviews.

Are there any prerequisites for this elective? No X Yes ____; please specify:

Is this elective available to third year medical students as well? No Yes X

Is pre-approval required for registration? No X Yes