

<b>FOURTH YEAR ELECTIVE TITLE</b>  <b>PRIMARY CARE SPORTS MEDICINE</b>		<b>COURSE NUMBER</b>  FMED 9081	<b>LOCATION</b> Family Medicine at Monument Square, Athletic Performance Center/ Livingston Campus
<b>ELECTIVE DIRECTOR</b>  Jill Kropa, MD	<b>ELECTIVE FACULTY</b>  Jill Kropa, MD KINSHASA MORTON, MD JASON WOMACK, MD	<b>ELECTIVE CONTACT</b>  Jill Kropa, MD FAMILY MEDICINE AT MONUMENT SQUARE 317 GEORGE ST. NEW BRUNSWICK, NJ	<b>CONTACT PHONE/FAX/EMAIL</b>  Ph:  <a href="mailto:kropaja@rwjms.rutgers.edu">kropaja@rwjms.rutgers.edu</a>
<b>BLOCKS AVAILABLE</b>  3, 5, 7,9 (see below)	<b>DURATION/WEEKS</b>  2 WEEKS	<b>HOURS PER WEEK</b>  40	<b>STUDENTS</b>  MAX 1
<b>LECTURES/SEMINARS</b>  YES	<b>OUTPATIENT</b>  YES	<b>INPATIENT</b>  NO	<b>HOUSESTAFF</b>  NO
<b>NIGHT CALL</b>  No	<b>WEEKENDS</b>  OPTIONAL	<b>LAB</b>  No	<b>EXAM REQUIRED</b>  No

**Note: Prior Approval is required at the time of scheduling this elective.**

**Prospective students must directly contact Dr. Kropa at least 3 months prior to their planned rotation start date.**

**OVERALL EDUCATIONAL GOAL OF ELECTIVE**

To familiarize student with diagnosis, treatment, prevention, and rehabilitation of sports injuries in the athlete and non-athlete.

**OBJECTIVES**

- I. Patient care
  - Students will be familiar with appropriate care of the sports medicine patient at the collegiate, high school and primary care level.
  - Students will become familiar with care of the athlete and its relation to “Return to Play” decisions
  
- II. Medical knowledge
  - Students will review pertinent musculoskeletal anatomy related to sports medicine.
  - Become familiar with musculoskeletal exam skill.
  - Gain awareness of common sports medicine diagnoses and their treatments.
  
- III. Practice-based learning and improvement
  - Students will learn about different sports medicine problems through didactics given to fellows, residents and students.
  - Become familiar with critical review of sports medicine literature through journal club participation.
  
- IV. Interpersonal and communication skills
  - Gain exposure to communication with the athlete and appropriate communication with others involved in the health care team including athletic trainers, coaches, and nursing staff.
  - Gain exposure to communication with consultants involved with the athlete including orthopedics, cardiologists, psychologists, etc.

**OVER**

Professionalism

- Students will be exposed to appropriate ethical behavior of the sports medicine patient through modeling of elective attendings.

V. Systems-based Practice

- Students will learn of the different resources available to the sports medicine patient at the high school, collegiate and primary care setting.
- Learn appropriate usage of medical technology, ie MRI, and timing of subspecialty referral in the sports medicine setting.
- Gain awareness of patient advocacy that is unique to the athlete.

**BRIEF DESCRIPTION OF ACTIVITIES**

Students work with the sports medicine faculty in the office, high school, and collegiate setting. This involves times at Monument Square, Old Bridge High School, Rutgers University, and Princeton University. Duties will include examination and treatment planning with individual patients. Students will have the opportunity to work alongside team physicians at Rutgers University Health Services clinics, the athletic facilities, and at competition venues (as schedule allows).

**METHOD OF EVALUATION**

A written evaluation on student performance will be submitted by the preceptor. The student will be expected to complete an evaluation of the elective as well.

**ARE THERE ANY PREREQUISITES FOR THIS ELECTIVE?** No

**IS THIS ELECTIVE AVAILABLE TO THIRD YEAR MEDICAL STUDENTS AS WELL?** Yes