

<b>FOURTH YEAR ELECTIVE TITLE</b>  <b>REPRODUCTIVE HEALTH AND ABORTION TRAINING IN FAMILY MEDICINE (RHEDI) ELECTIVE</b>		<b>COURSE NUMBER</b>  FMED 9090A	<b>LOCATION</b>  FAMILY MEDICINE AT MONUMENT SQUARE (FMMS) IN NEW BRUNSWICK, NJ AND PLANNED PARENTHOOD (PP) in SHREWSBURY, NJ or TRENTON, NJ
<b>ELECTIVE DIRECTOR</b>  ANNA SLIWOWSKA, MD	<b>ELECTIVE FACULTY</b>  JEFF LEVINE, MD, MPH ANNA SLIWOWSKA, MD JENNIFER AMICO, MD, MPH	<b>ELECTIVE CONTACT</b>  ANNA SLIWOWSKA, MD	<b>CONTACT INFO</b>  anna.sliwowska@rutgers.edu (Email preferred) PH. 908-265-8953
<b>BLOCKS AVAILABLE</b> Limited – email application required*	<b>DURATION/WEEKS</b>  MIN: 2 MAX: 4	<b>HOURS PER WEEK</b>  40	<b>STUDENTS</b>  MAX: 1
<b>LECTURES/SEMINARS</b>  YES	<b>OUTPATIENT</b>  YES	<b>INPATIENT</b>  NO	<b>HOUSESTAFF</b>  Yes
<b>NIGHT CALL</b>  NO	<b>WEEKENDS</b>  NO	<b>LAB</b>  NO	<b>EXAM REQUIRED</b>  NO

\*Interested students must apply to the elective, submitting the following:

- 1 paragraph statement about their interest in reproductive health, including abortion training, in context of their career plans.
- List of possible dates the student is available.
- Preferred duration of elective (2-4 weeks).

Please submit directly to Dr. Sliwowska via email.

#### OVERALL EDUCATIONAL GOAL OF ELECTIVE

To provide woman-centered, reproductive health services, particularly family planning and abortion care, in the primary care setting.

#### OBJECTIVES

##### BY THE END OF THE ELECTIVE, STUDENTS SHOULD BE ABLE TO:

- I. Patient care
  1. Discuss commonly used contraceptives including their efficacy, mechanism of action, potential side effects, and relevant counseling issues.
  2. Develop contraceptive plans that are tailored to meet the individual's needs.
  3. Conduct a thorough gynecologic, sexual and pregnancy history.
  4. Diagnose and treat common causes of vaginitis.
  5. Perform a pelvic and speculum exam in a respectful manner, while maintaining patient comfort.
  6. Provide aspects of medication and aspiration abortion under supervision.
  7. Evaluate patients during normal pregnancy as well as early pregnancy loss (miscarriage).
- II. Medical knowledge
  1. Take a focused, yet complete gynecologic and medical history.
  2. Discuss the initial evaluation for infertility.
  3. Describe entire process for medication abortion and manual vacuum aspiration for elective abortion.
  4. List the indications for emergency contraception (EC), currently available EC pill products in

- the U.S., and describe the evidence-based regimen.
5. Describe the diagnostic process and management of bleeding in early pregnancy.
  6. Review steps for how to reasonably determine if a patient is pregnant.
  7. Describe the management of early pregnancy and develop a basic understanding of evidence-based prenatal care.
  8. Gain basic knowledge and skills to develop and/or participate in a focused scholarly project.

III. Practice-based learning and improvement

1. Describe current recommendations for cervical cancer and breast cancer screening.
2. Know how to access & use the World Health Organization Medical Eligibility Criteria for Contraception
3. Know how to access and use the Centers for Disease Control STD Treatment Guidelines.
4. Participate in a scholarly activity that ideally can be published in a peer-reviewed journal.

IV. Interpersonal and communication skills

1. Utilize therapeutic communication techniques (non-verbal communication, open ended questions) to elicit a sexual and social history, including high-risk behaviors, abuse, and sexual orientation.
2. Perform compassionate, non-judgmental pregnancy options counseling and if appropriate, abortion options counseling
3. Use patient-centered, neutral language when communicating with patients.

V. Professionalism

1. Maintain a non-judgmental communication style with patients and colleagues with regards to family planning, STI's, abortion and reproductive health issues.

VI. Systems-based Practice

1. Identify all appropriate options for unplanned and planned pregnancy, including local patient resources to facilitate each option.
2. Describe the challenges and benefits of delivering reproductive health care in the primary care setting versus a dedicated family planning or specialty office/clinic.
3. Appreciate the roles of staff, nurses and mid-level practitioners in the delivery of comprehensive reproductive health services.
4. Appreciate the impact of federal and state policy on reproductive health services, including infertility, family planning and abortion care, particularly on low-income women.

**BRIEF DESCRIPTION OF ACTIVITIES:** The schedule is subject to change depending on the availability of our preceptors and other learners at our educational sites. At the beginning of the rotation, we will develop an individualized for the scholarly activity.

<b>Sample Schedule</b>					
	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY 2/9</b>
<b>AM</b>	<b>Additional clinical sessions</b>	<i>Independent study</i>	<b>Abortion Training PP-Shrewsbury or Trenton, NJ</b>	<b>FMMS WH 8am-12pm</b>	<b>Additional clinical sessions</b>
<b>PM</b>	<b>Additional clinical sessions</b>	<b>FMMS WH 1:00pm - 5:00pm</b>		<b>Additional clinical sessions</b>	<i>Independent study</i>

FMMS WH: Family Medicine at Monument Square, Womens' Health session  
 PP: Planned Parenthood

**METHOD OF STUDENT EVALUATION**

Verbal formative evaluation; written evaluation

**ARE THERE ANY PREREQUISITES FOR THIS ELECTIVE?** Ob/gyn and Family Medicine preferred

**IS THIS ELECTIVE AVAILABLE TO THIRD YEAR MEDICAL STUDENTS AS WELL?** Yes, in blocks 7-11