

<b>FOURTH YEAR ELECTIVE TITLE</b> <b>PSYCHIATRY &amp; SOCIAL MEDIA</b>		<b>COURSE NUMBER</b> PSYC 9061A	<b>LOCATION</b> 671 HOES LANE PISCATAWAY
<b>ELECTIVE DIRECTOR</b> ANTHONY TOBIA, MD	<b>ELECTIVE FACULTY</b> ANTHONY TOBIA, MD	<b>ELECTIVE CONTACT</b> KATHY KNOLL	<b>CONTACT INFO</b> (732) 235-4403 knollkm@rwjms.rutgers.edu
<b>BLOCKS AVAILABLE</b> YEAR LONG	<b>DURATION/WEEKS</b> YEAR LONG	<b>HOURS PER WEEK</b> 1	<b>STUDENTS</b> <b>MIN: 1 MAX: 20</b>
<b>LECTURES/SEMINARS</b> NO	<b>OUTPATIENT</b> NO	<b>INPATIENT</b> NO	<b>HOUSESTAFF</b> YES
<b>NIGHT CALL</b> NO	<b>WEEKENDS</b> OPTIONAL	<b>LAB</b> NO	<b>EXAM REQUIRED</b> NO

#### OVERALL EDUCATIONAL GOAL OF ELECTIVE

The overall aim of the elective is to advance the discussion of psychiatry beyond the 6 week clerkship. With yearlong engagement through social media, students will appreciate psychiatry's pervasiveness in health care and beyond and have a forum through which to discuss psychiatry regardless of the rotation in which one is currently participating. This elective will also introduce students and faculty to Free Online Access to Medical Education (FOAMed), a well-established social media community where medical professionals and institutions tweet useful information and groundbreaking literature with the hashtag #FOAMed.

#### Objectives

- I. Patient care: Participating students are electing to engage in deeper thought about patient care by signing up for this course. They will be challenged to assess the psychosocial aspect of patient care.
- II. Medical knowledge: Participating students will enhance their knowledge in the field of psychiatry.
- III. Practice-based learning and improvement: Participating students will demonstrate self-directed learning by posting, responding (likes, re-posts), and blogging about their experience.
- IV. Interpersonal and communication skills: Participating students will interact with fellow students, residents, and attendings from RWJMS and outside institutions over social media. By using social media, students will have the opportunity to communicate their thoughts, ask and answer questions, present current literature, and take advantage of technology to work collaboratively.
- V. Professionalism: Participating students will engage in truthful interaction with peers, faculty and staff. They will demonstrate preparedness for the elective with meaningful posts and reflections. Students will avoid posts that are potentially objectionable or offensive to other people.
- VI. Systems-based Practice: Participating students will be able to engage in discussion about health care delivery as it pertains to their current patients' biopsychosocial care.

#### Brief Description of Activities

In this yearlong elective, students will not only relate psychiatric principles to their encounters on the wards but also to art, music, literature, film, or any other disciplines. Students are required to create an average of 10 posts per week (average time per tweet – 5 minutes) which must demonstrate the connection between psychiatry and anything else of their choosing. Posts may pose questions or contain anecdotes, articles, pictures, etc. Students are encouraged to respond to their fellow students, residents, and attending physicians throughout the year. Dr. Tobia and course representatives will

repost with the hashtags #FOAMed and #FOAMpsych to create a credible compendium of tweets in the FOAM community. Students will be required to listen to 6 assigned podcasts throughout the year (average podcast length 1 hour) and read two written articles (1 hour per article) that are relevant to psychiatry to which they are required to generate one post per assignment to be included in their weekly tweet quota.

Two written reflections are required in which students will apply psychiatric themes to selected everyday experiences. These reflections may expand upon one of the posts during the year. Reflections should be at least 400 words in length. The ultimate goal is to create a publication containing many of these student reflections, which will illustrate how psychiatry can be found in all aspects of life. Students will have the option of signing a waiver allowing their work to be selected for inclusion in the final publication.

### **Faculty Mentorship**

Mentorship will be provided by Anthony Tobia, MD.

### **METHOD OF STUDENT EVALUATION**

Students will be evaluated on their timely completion of creating unique tweets, tweets relevant to assignments, and responding to other tweets. Their reflections will also be reviewed.

**Are there any prerequisites for this elective?** No  Yes  please specify:

**Is this elective available to third year medical students as well?** Yes  No