

FOURTH YEAR ELECTIVE TITLE PRIMARY CARE SPORTS MEDICINE/ SPINE AND REHABILITATION		COURSE NUMBER FMED 9080	LOCATION LAWRENCEVILLE AND PRINCETON
ELECTIVE DIRECTOR PETER WENGER, MD	ELECTIVE FACULTY PETER WENGER, MD PETER BARLIS	ELECTIVE CONTACT Megan Gray 3131 PRINCETON PIKE BLDG 4A, 100 LAWRENCEVILLE, 08648	CONTACT PHONE/FAX PH. 609-896-9190 FAX 609-896-3555 EMAIL: PSFMEDMG@GMAIL.COM PSFMED@GMAIL.COM PEBARLIS@AOL.COM
BLOCKS AVAILABLE ALL	DURATION/WEEKS MIN 1; MAX 4	HOURS PER WEEK <40	STUDENTS MAX 1
LECTURES/SEMINARS ONGOING - MORE INFORMAL	OUTPATIENT YES	INPATIENT NO	HOUSESTAFF SOMETIMES
NIGHT CALL NO	WEEKENDS GAME COVERAGE OPTIONAL (WITH FACULTY OR RESIDENT)	LAB NO	EXAM REQUIRED NO

****Students should call the Friday prior to the start of the Elective****

OVERALL EDUCATIONAL GOAL OF ELECTIVE

To familiarize students with the diagnosis and treatment of common sports and spine injuries and problems through provision of ample hands-on experience

OBJECTIVES

- To enhance students' knowledge in the area of prevention of recreational and competitive sports injuries and sports related illnesses or problems
 - To acquaint students with the role of the team physician in various sporting events
 - To familiarize students with the importance of exercise prescription in the prevention of health problems and the rehabilitation of injuries (Special emphasis will be placed on manual techniques, such as massage, mobilization and manipulation.)
- I. Patient care – Thorough knowledge of joint exams and common musculoskeletal problems.
 - II. Medical knowledge – Diagnosis, treatment, and rehab.
 - III. Practice-based learning and improvement – Return to participation; osteopathic manipulative techniques; soft tissues; joint injections; nerve blocks; office surgery; splinting and casting.
 - IV. Interpersonal and communication skills - Gain exposure to communication with the athlete and appropriate communication with others involved in the health care team including athletic trainers, coaches, and nursing staff. Gain exposure to communication with consultants involved with the athlete including orthopedics, cardiologists, psychologists, etc.
 - V. Professionalism - Students will be exposed to appropriate ethical behavior of the sports medicine patient through modeling of elective attendings.

OVER

- VI. Systems-based Practice – Students will learn of the different resources available to the sports medicine patient at the high school, collegiate and primary care setting. Learn appropriate usage of medical technology, i.e. MRI, and timing of subspecialty referral in the sports medicine setting. Gain awareness of patient advocacy that is unique to the athlete.

BRIEF DESCRIPTION OF ACTIVITIES

Students will work directly with a Family Physician with CAQ (Certificate of Added Qualifications) in Sports Medicine and Physiatrists in clinical practice. Game coverage may be part of this rotation if the student is interested. Dr. Wenger acts as team physician for two prep schools, the Hun School of Princeton and the Pennington School, as well as for The College of New Jersey. Opportunity exists for some primary care (F.P.), not musculoskeletal in nature, if the student or school wishes to be part of the rotation. Students can learn manual techniques, injection and casting/splinting. There will be a great opportunity to diagnose and manage patients in an outpatient setting.

METHOD OF STUDENT EVALUATION

The preceptor will submit a written evaluation on each student as well as share formative evaluation comments with the student throughout the rotation. The student will also be expected to complete a written evaluation of the elective provided by the medical school.

ARE THERE ANY PREREQUISITES FOR THIS ELECTIVE? No

IS THIS ELECTIVE AVAILABLE TO THIRD YEAR MEDICAL STUDENTS AS WELL? Yes