

News and Current Events

Department of Pediatrics

PEDS R US

Message from the Chair

Welcome to our first department newsletter. Enjoy reading about the variety of activities happening in our department.

Thank you to Suzanne Anderson for taking on this project and finding a creative way to disseminate this information.



How the Newsletter got its Name

We received thirty-one submissions to name the newsletter. Forty-nine faculty and staff members responded to the survey with "Peds R Us" receiving the most votes.



Kudos to Dr. Dayla Chefitz for submitting the name. She will receive a gift card to the local coffeehouse of her choice.



Rutgers Robert Wood Johnson Medical School

Volume 1, Issue 1, October 2017



**Because babies don't come with owner's manuals—
Vicki Hoefle**

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Recognition, etc.**

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DEPARTMENT HIGHLIGHTS



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Adolescent Medicine (9-21 years)



Wendy Neal, MD
Division Director

Consultative Services Provided-CHINJ

- Contraception Counseling and Services
- STD Diagnosis and Treatment

Gynecologic Services

- Menstrual Disorders
- Primary and Secondary Amenorrhea
- Dysmenorrhea
- Abnormal Uterine Bleeding
- PCOS

Weight Management Services

- Obesity
- Underweight
- Eating Disorders

Primary Care Provider Adolescents: Somerset- 1 Worlds Fair Drive

Upcoming-Speaking at the department CME course-Nov. 4

Projects in Planning Phase:

Develop-Pediatric and Adolescent Gynecology Program-collaborative effort with OB/GYN and Pediatric Surgery

Develop a Comprehensive Obesity Management program

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The Boggs Center on Developmental Disabilities



*Deborah M. Spitalnik, PhD
Division Director*

The Boggs Center on Developmental Disabilities is New Jersey's federally designated University Center for Excellence in Developmental Disabilities Education, Research, and Service. Part of a national network of University Centers sponsored by the Administration on Intellectual and Developmental Disabilities, Administration on Community Living, U.S. Department of Health and Human Services, The Boggs Center provides student education and community training and technical assistance, conducts research, and disseminates information and educational materials to promote independence, productivity, and full inclusion of people with developmental disabilities in all facets of community life.

In 2016, The Boggs Center was designated as New Jersey's Leadership Education in Neurodevelopmental and Related Disabilities (NJLEND) program with funding from the Maternal and Child Health Bureau of the federal Health Resources and Services Administration (HRSA). Through a range of training, leadership development, and experiential learning opportunities, NJLEND prepares graduate-level health and allied health trainees to address the complex needs of children with autism, related disabilities, and other maternal and child health populations. Now in its second year of implementation, NJLEND draws students and faculty from across the University, with Children's Specialized Hospital serving as a primary clinical training partner and on-site learning experiences provided through Douglass Developmental Disabilities Center. NJLEND core faculty span seven disciplines, including: Dentistry, Developmental Behavioral Pediatrics, Family, Nursing, Nutrition, Psychology, and Social Work. The 2017-2018 NJLEND year began in August with a cohort of 9 trainees, representing 5 academic disciplines from Rutgers and Rutgers Biomedical and Health Sciences, as well as family members of children with disabilities. NJLEND also provides continuing education and technical assistance to families, practicing maternal and child health professionals, and Title V programs.

To learn more about The Boggs Center on Developmental Disabilities and the programs featured in this article, visit: <http://rwjms.rutgers.edu/boggscenter/>.

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Pediatric Cardiology



Joseph Gaffney, MD
Division Director

The Division of Pediatric Cardiology at Rutgers-Robert Wood Johnson Medical School provides comprehensive non-invasive services for infants, children and adolescents with heart disease, along with cardiac fetal evaluation and care. Our echocardiography laboratory is IAC (Inter Societal Accreditation Commission) accredited in pediatric and fetal echocardiography, providing a full range of outpatient and inpatient services. This highly specialized field provides evaluation and treatment of congenital and acquired cardiac disorders including:

- Congenital heart defects (occurrence rate of 7-8/1000 births)
- Cardiac arrhythmias
- Acquired heart disease, such as Kawasaki Disease, endocarditis, pericarditis, cardiomyopathies and rheumatic fever
- Evaluation of common cardiac-related signs and symptoms such as heart murmur, syncope, chest pain and palpitations
- Genetic cardiac disorders, such as hypertrophic cardiomyopathy and Long QT syndrome
- Family history of sudden cardiac death and early heart disease
- Hypercholesterolemia and hyperlipidemia
- Fetal Cardiology

Our team has expertise in the procedures of pediatric and fetal echocardiography, ambulatory electrocardiography and exercise stress testing. All of our pediatric cardiologists are board-certified and work with a multidisciplinary pediatric team at Robert Wood Johnson Medical School to provide evidence-based, state-of-the-art medical care. The division is dedicated to teaching all aspects of pediatric cardiology to medical students, interns, residents, fellows, nurses and sonographers, both in the classroom and at the bedside. Our cardiac sonographers are involved in the clinical training of students from the Rutgers Cardiac Sonography Program.

We are available for consultation and inpatient evaluation 24/7, best reached by our main number (732-235-7905).

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Critical Care



*Vicki Craig, MD
Interim Division Director*

The PICU is committed to patient and family centered care

The family and patient as appropriate are invited to join the PICU multidisciplinary team during patient care rounds. Families and patients have opportunity to participate in the child's care plans, ask questions of the team, and contribute to patient information. Our families and patients partner with us in achieving the best possible outcomes.

Patient Safety

The PICU celebrated over 1 year without a catheter associated blood stream infection (CLABSI), and joined BMSCH in their celebration of a CLABSI free year! This is a huge accomplishment for the PICU, and the entire children's hospital. The prevention of these infections has impact on patient outcomes, families, and the cost of care. This milestone achievement was possible only through the hard work, diligent attention to detail, resilience, and team work of the medical and nursing staff.

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New Faculty*

July 2017

Uchechi Azubuine, MD-Pediatric Emergency Medicine
Kandy Bahadur, MD-General Pediatrics
Minh-Tu Do, MD-Pediatric Emergency Medicine
Joseph Raviola, MD-General Pediatrics

August 2017

Valeriya Feygina, MD-Pediatric Nephrology
Danitza Velazquez, MD-Neonatology
Michael Zubrow, MD-Pediatric Critical Care

*Formal faculty announcement will be sent in the near future.



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Events, Grant Opportunities



The Fourth Evidence-Based **Pediatric Update Symposium**
Saturday, November 4, 2017 | 7:00 a.m. – 2:30 p.m.

Learn more and register

RBHS is once again an official remote host for the “Introduction to the Principles and Practice of Clinical Research course” from the NIH. Please see the links below.

Registration link: https://ippcr.nihtraining.com/register.php?remote_site=true

Once participants have registered for the course, they will receive a confirmation email and a link to the IPPCR student website. **The course will run online from September 18, 2017 to June 15, 2018.**

The final examination will be posted to the participant website on February 5, 2018 and will remain accessible online until June 15, 2018.

For more details on the course, please visit the NIH Clinical Center IPPCR website at: <http://clinicalcenter.nih.gov/training/training/ippcr1.html>

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Recognition, Congratulations

Christina Lopez, MD along with PICU nurse manager Joy Hultman, and pressure injury nurse champion Gina Brown represented Critical Care at the Solutions for Patient Safety National Learning Session in Chicago 9/27-9/29/2017.

A project proposal was submitted and selected for participation in the *Society of Critical Care Medicine's Collaborative: Improving Care for Critically Ill Patients and Families through Research Dissemination and Implementation (PCORI)*. The project team was led by **Christina Lopez, MD and Maureen Madden, CPNP-AC**. The project involved introducing a multidisciplinary structured family care conference to enhance family engagement in goals of care and improve family satisfaction. The yearlong project was completed in September 2017. Data is currently being submitted and analyzed. More later on the outcomes of this family centered care project!

Patricia Whitley-Williams, MD, elected to serve as Vice President for the National Foundation for Infectious Disease (NFID), a non-profit organization dedicated to educating the public and healthcare professionals about the causes, prevention, and treatment of infectious diseases across the lifespan.

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Recognition, Congratulations cont'd

Grant Awards

Susan Sklower Brooks, MD, P.I. was awarded from New Jersey Department of Health for Newborn Screening and Genetic Services, \$164,450, July 1, 2017-June 30, 2018.

Richard Drachtman, MD, was awarded a grant for FY 18 Sickle Cell Treatment Services from the New Jersey State Department of Health, Newborn Screening Program, \$75,000, 7/1/2017 – 6/30/2018 and serves as site PI, DISPLACE: Dissemination of Stroke Prevention Looking at the Care Environment. NIH/NHLBI, 8/1/2017-6/30/2022, RWJMS, \$33,000 per annum.

Barbara Ostfeld, PhD, and **Thomas Hegyi, MD**, co-PIs for renewal grant from New Jersey Department of Health for SIDS Center of New Jersey Health Services, effective July 1, 2017, \$250,000.

Interviews, Published Articles

Barbara Ostfeld, PhD, co-authored an article [Improvements in Infant Sleep Position: We Can Do Better!](#) in the August edition of the NJAAP on-line journal . Interviewed by Dino Flammia from nj101.5 [SIDS and SUID rates continue to drop, but 'babies are still dying'](#)

Michael Lewis, PhD, [Living in a shameless society](#) interview by the Moon magazine